

# FRIDAY KNIGHT NEWS : June 13th, 2025

## From the Principal's Desk...

Just under two weeks to go everyone, but please be reminded that while we have a number of fun activities going on that we will have PAT's and final exams going on in the next little bit. Be diligent, work hard, and let's do our absolute best as we tackle these final assessments for the year.

We would also like to thank everyone who made it out to our year end liturgy this morning. Thanks for taking the time to spend a part of your day with us. We would also like to thanks Mrs. Phillips, Mrs. Teixeira, Ms. Bennett, and Ms. Mark for all their time and effort in making the celebration a wonderful success. A special thanks to all of our students who participated as well to make the event that much more meaningful. Thank you all.

As always, be curious in all that you do and know that God loves you, no matter what. Go Knights!

## Week At A Glance

**June 16th-** Gr. 4 Year end movie

**June 17th-** Gr. 6 ELA PAT Part B  
Gr. 2 Year end movie  
Jr. High last day of classes

**June 18th-** Healthy Hunger (BPs)  
Gr. 9 PAT ELA Part B  
Gr. 6 PAT Math Part A & B  
Kindergarten movie @9

**June 19th-** Gr. 9 PAT Math Part A & B  
Gr. 6 PAT Social  
Gr. 4 Fort Edmonton  
Kinder FD swimming

**June 20th-** Gr. 5 Elk Island Field Trip  
Kinder Celebration @10  
Gr. 9 Farewell @1

# St Albert Parish Sacramental Prep

2024-25 Preparation for The Sacrament of Confirmation - Grade 6 families

2024-25 Preparation for First Reconciliation (Confession) and First Eucharist (First Holy Communion) - Grade 2 families.

# Faith In Action

## Parish Information

[St. Albert Parish](#)

[Holy Family Parish](#)

**We celebrated our  
Year end liturgy as  
a school where we  
are called to carry  
the light of Christ  
into the world.**



## **MISSION:**

**Sister Alphonse Academy is a welcoming learning community that awakens the hearts and minds of students while educating and nurturing each to learn, live fully and serve others.**

## **VISION:**

**Excellence in learning through faith, learning and engagements.**

**At SAA we strive to: Serve, Achieve, Aspire**



# District Chaplain- Doug Kramer



How's this for a collab? A creator of the Universe, a God who walked the earth and a Spirit with power beyond measure. The Holy Trinity. Mr. Beast, you're gonna have to try harder.





# Early Learning





# Division One

**Grade 1A & B had a bike safety presentation from two RCMP officers and had a great time at Arbour Day learning how to give back to nature.**



**Both Grade 2 classes had so much fun exploring the Little White Schoolhouse and Father Lacombe Chapel!**



# Division One

3A has had fun making canyons and glacier fed landscapes in science. We've also been learning Track and Field events. We've also been cheering on the Oilers before game days :)







## **Grade 2– Spelling superstars!**

**This year, 420 Grade 2 students across GSACRD joined a spelling research study with the University of Alberta.**

**At SAA, our two Grade 2 classes spelled so well that we scored above the division average—way to go, SAA Knights!**



# Division Two



Grade 4 REC had an awesome time  
at Planet Lazer!

## Year End Liturgy



## Division Three



## Final Movie





What we hoped beach day would look like....



Division  
Three

Rec  
Academy



What it actually looked like...  
Brrrrrr!







We made the best of a  
“not-so-sunny” day:)



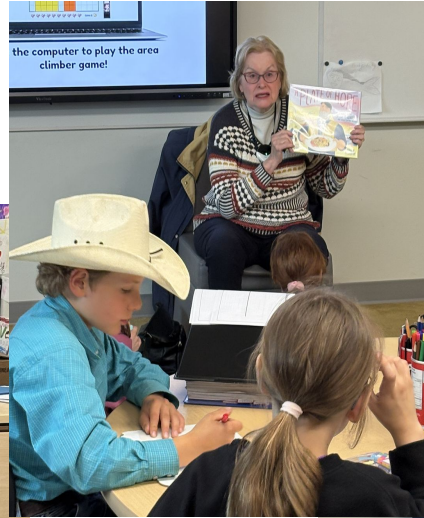
**BRAVEST** girls in class!





**We were fortunate to have a few members of the CWL come and read to our grade 1s and grade 4s.**

## **VISIT FROM THE CWL**



# Larson Yellowbird (Indigenous Presentation)

Larson Yellowbird from Alexander First Nation made a visit to SAA and taught us about his regalia, his dance (Fancy-Dance) and the importance of the Pow-Wow. We are very grateful for his visit as learn more about Indigenous Ways of Knowing and Being.





# COUNSELLOR'S CORNER



Sometimes we wait to feel better before we do the things we know will help. But here's a strategy that really works. **Mood follows action**. That means you don't need to feel motivated or happy before you get started. You just start. And more often than not, your mood shifts after.

Feeling low? Go for a walk. Get moving. Tidy your space. Talk to someone. Show up to the thing you said you would. Even something simple like brushing your teeth or stepping outside can create momentum.

Start with action. Let your mood catch up.

Sean Brass    [sbrass@gsacrd.ab.ca](mailto:sbrass@gsacrd.ab.ca)



# Eye See... Eye Learn - Free Eye Exams & Glasses for Kindergarten Students!

## How well can your child see?



Eye See...  
Eye Learn!

You can't see the world through your child's eyes, but your optometrist can. During your child's eye exam, your optometrist will assess:

- Visual acuity (how well they can see)
- Lazy eye, crossed eyes
- Nearsightedness, farsightedness, astigmatism
- Colour vision
- Eye coordination, tracking and depth perception
- Eye health



For more information about

**Eye See...Eye Learn™**



contact the Alberta Association of Optometrists at 1-800-272-8843 or visit [optometrists.ab.ca/esel](http://optometrists.ab.ca/esel)

Alberta  
Association  
of Optometrists



Eyewear Partners:



Modern Optical / SHILTING

The Alberta Association of Optometrists gratefully acknowledges financial support from the Government of Alberta.



## It's important to do before they start school!

### Eye See...Eye Learn™

is a program that provides kindergarten-aged students with a comprehensive eye exam from an optometrist. There is Alberta Health coverage towards your child's eye exams up to age 19. If required, kindergarten-aged students also receive a free pair of eyeglasses.



### How kindergarten-aged students participate

**Step 1** Parents can find a participating optometrist at [optometrists.ab.ca](http://optometrists.ab.ca). Click on Find an Optometrist and Eye See...Eye Learn™, then enter your postal code to find a doctor close to you. **Call and book an appointment.**

**Step 2** See your optometrist for the eye exam. Have your health card ready. There is **Alberta Health coverage towards your child's eye exams up to age 19.**

**Step 3** If required, kindergarten-aged students will **receive a free pair of eyeglasses.** Ask to see the frame selection available. The optometrist will order your glasses for you.

**\*Free glasses are covered by a one year manufacturer's warranty.**

### Who can participate?

**Eye See...Eye Learn™** is available to all kindergarten-aged students in Alberta. It's important to address eye health and vision problems before children begin school.

Children are eligible from August until they begin grade one.



### Eye exam coverage

There is Alberta Health coverage towards your child's eye exams up to age 19. It's a painless, non-invasive process that could change their lives!

### Did you know?

- 80% of learning is visual.
- 1 in 4 school-aged children has a vision problem.
- An eye exam detects health problems such as crossed eyes or lazy eye.
- Children with vision problems are often misdiagnosed as having learning or behavioural disabilities.
- The earlier an eye health or visual problem is identified, the more likely it can be corrected.
- Children often don't know they have a vision problem, as they believe what they are seeing is normal.
- It is not uncommon for parents to believe they would know if their child has a vision problem, because these issues can be hard to spot particularly if there is a problem in only one of the eyes.

### What is an optometrist?

Your optometrist (doctor of optometry) is a primary source for all your vision, eye health and eyewear needs. They have the knowledge, tools and equipment necessary to diagnose, treat, prescribe medications or refer to a specialist, if needed.



## CMOH Letter regarding Measles

Please find attached a letter regarding measles from Dr. Sunil Sookram, Interim Chief Medical Officer of Health.

Sincerely,

Lora Pillipow

Deputy Minister of Education and Childcare

[Attachment: CMOH Letter to Parents](#)

# Report Cards

Report cards will be available in late June and are accessible through the PowerSchool Parent Portal. As a reminder, here is how to locate a student's report cards:

Please use an internet browser to access the PowerSchool Parent Portal, as the mobile app is incompatible. After logging in, find a list of navigation links on the left-hand side. At the bottom of this list, click the link labelled "report card" to proceed to the next screen.

After clicking the report card link, you can view the report card in PDF format. Additionally, there's an option to download the report card. Once downloaded, you can save or print a copy for your records. For visual guidance, you can watch this brief instructional video on accessing the report card: [Report Card Video](#).

If you have not created a PowerSchool Parent Portal account, don't hesitate to contact your child's school for assistance.

Did you know that you can also check out your child's progress throughout the year as they complete tests and assignments, also through the above-noted process?

# Super Cool Summer School (Grades 1 - 8)

Explore, create, learn and have fun this summer! Registration is open for super cool summer school! It's for grade 1-8 students from St. Albert Public Schools and GSACRD students, and there is something for everyone. This year, Greater St. Albert Catholic Schools will host the program, which will operate from Sister Alphonse Academy (1 Joyal Way). For more information and to register, [click here](#).



**SUPER COOL SUMMER SCHOOL 2025**  
FOR GRADE 1 - 8 STUDENTS

**June 30 to July 4 and July 7 to July 11**

St. Albert Super Cool Summer School offers a variety of great programs for kids in Grades 1-8!

**Have a fun and positive learning experience, while building skills, knowledge, and confidence!**

**Learn More Today!**  
[www.gsacrd.ab.ca](http://www.gsacrd.ab.ca)

Greater St. Albert Catholic Schools  
**St. Albert PUBLIC SCHOOLS**

## Summer Programs - Adaptabilities

Looking for an inclusive, fun, and supportive summer experience? AdaptAbilities' Hearts in Action (HIA) Summer Camps are designed for children, youth, and adults with disabilities—encouraging creativity, building confidence, and promoting connection in a welcoming, inclusive space. Camps run across multiple locations in Edmonton and Leduc!

Visit <https://adaptabilities.ca/our-services/summer-camps/> to learn more!



# Class Configurations

**Dear Parents and Guardians,**

As we prepare for the upcoming school year, we would like to take a moment to share some information about our classroom placement process.

At SAA, our primary goal is to create a positive, supportive, and productive learning environment for every student. Each year, our staff devotes considerable time and care into organizing classroom configurations that best support the academic, social, and emotional needs of all our students. This process involves thoughtful consideration of many factors, including individual learning styles, peer relationships, academic needs, and teacher strengths.

We understand that parents may have insights or preferences regarding their child's educational experience. While we value your perspective, we kindly remind families that all classroom placements and configurations are ultimately at the discretion of our administrative team, in consultation with our teachers. Our team works collaboratively and professionally to ensure each student is placed in an environment where they can thrive.

Thank you for being a valued part of the SAA family. We look forward to another wonderful year of growth and learning together.



Sponsors



**Parents, if you are able to sponsor our Jr. High awards we would truly appreciate it, as this helps us showcase our student achievements! Please email Cindy at [cphillips@gsacrd.ab.ca](mailto:cphillips@gsacrd.ab.ca)**

# Student Awards

# Snack Shack

Just to let everyone know that the Snack Shack will close on June 20th.

We look forward to serving you in September!

Thanks for your support!



# Musical Theatre

## **Musical Theatre Kids Camp – Summer 2025**

Looking for a fun and creative summer opportunity for students aged 8 to 13? The Musical Theatre Kids Camp returns this August at the St. Albert Salvation Army (165 Liberton Drive), offering a dynamic and engaging experience in improv, acting, singing, choreography, and character development.

### Camp Dates and Fees

- Week 1: August 5–8, 2025 – \$160
- Week 2: August 11–15, 2025 – \$200
- Time: 9:00 a.m. to 3:00 p.m. daily
- A short final performance will take place on the last day of each week (time TBD).

### Discounts and Scholarships

A 15% family discount applies when registering two or more students. The cost includes all materials, and scholarships are available.

To register, email [cdhanson67@gmail.com](mailto:cdhanson67@gmail.com) or call 780-231-9401. Visit [www.voicebodyworks.ca](http://www.voicebodyworks.ca) for more information.



# Registration Now Open for the 2025-2026 School Year!

**Dear Families,**

Registration for the 2025-2026 school year is now open! All current families should have received an email notification with instructions for re-registration. If you haven't seen it, please check your inbox (and junk folder) or visit our website for detailed registration information: [Registration Process Information](#).

We encourage you to complete your registration early, as several schools in our division are nearing or already at capacity. Securing your spot now ensures a smooth transition into the upcoming school year.

If you have any questions or need assistance with the registration process, please don't hesitate to contact us.

Thank you for choosing Greater St. Albert Catholic Schools!

Warm regards,

# Idealab

Do your kids love STEM, Cooking, Art, and just having fun? This summer, they can enjoy all that and more with Idea Labs Saint Albert, and help raise money for our school at the same time!

We've partnered with Idea Labs to bring exciting, educational summer camps to our community. For every camp registration, our school earns \$10–\$20! A simple and fun way to support our students.

Why you'll love it:

- **Engaging Activities:** Kids dive into hands-on STEM, art, cooking, and more.
- **Incredible Fun:** A summer filled with creativity, exploration, and new friendships.
- **Supports Our School:** Every registration contributes directly to school fundraising.

Spots are limited, so don't miss out — check out the camp options today and give your kids an unforgettable summer while supporting our school!

## Important:

Make sure to use our school's personalized registration link below — it's the only way to ensure our school gets credit for each sign-up



# SUPPORT

Sister Alphonse Academy  
+ SAVE ON SUMMER CAMPS



## HOW IT WORKS



### REGISTER

Sign up for an  
IDEA Lab Kids  
summer camp



### SAVE

Use Code  
**SAACAMP10**  
to save \$10  
per camp



### GIVE BACK

**\$10** per ½ day, and  
**\$20** per full day  
registration goes to  
Sister Alphonse Academy!



Engaging, hands-on STEAM  
(STEM + Art) camp themes



Tech & Coding Camps



Culinary Arts exploration



Art, design, and engineering



Full-day & half-day options



## REGISTER TODAY HERE:



<https://onp.se/sections.com/categoryinfo/606>

1135 St Albert Trail, Unit 120  
St. Albert, AB, T8N 7X1  
780-983-5350  
[idealabkids.com/location/st-albert](https://idealabkids.com/location/st-albert)

# GSACRD Education Foundation

For More Information Please Visit :  
[www.foundation.gsacrd.ab.ca](http://www.foundation.gsacrd.ab.ca)

FOUR - \$250 Grade 9 Scholarships  
Awarded Annually

The Foundation will be providing up to 4, \$250 Scholarships to current grade 9 students, with confirmed grade 10 registration @ September 30-25 in a GSACRD high school. This is the FIFTH year the Foundation has supported grade 9 students with Scholarships.

The 2025 Grade 9 Application Package is posted on the website (use link



# June Dates

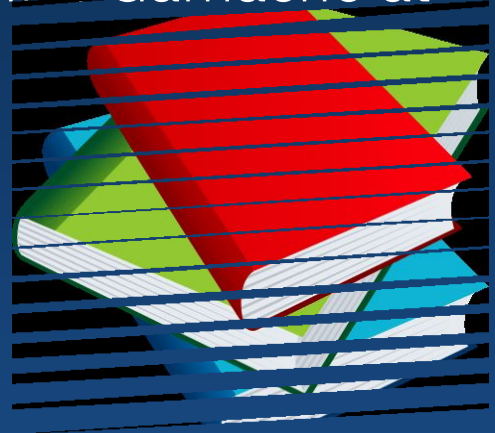
June 2-6- Grade 5 Aviation Week  
June 3- Jr. High Track Zones  
June 4th- Healthy Hunger (Subway)  
Grade 9- TWOS  
June 5- Kinder FD swimming  
Year end BBQ  
June 9- PD Day/No School  
June 10- Gr. 1 Arbor Day  
June 11- Elementary Track  
Healthy Hunger (DQ)  
Gr.2 Year end field trip  
June 12- Kinder FD swimming  
June 13- Year end Liturgy @8:30  
June 17- Gr. 6 ELA PAT Part B  
Jr. High last day of classes  
June 18- Healthy Hunger (BPs)  
Gr. 9 PAT ELA Part B  
Gr. 6 PAT Math Part A & B  
Kindergarten movie @9  
June 19- Gr. 9 PAT Math Part A & B  
Gr. 6 PAT Social  
Gr. 4 Fort Edmonton  
Kinder FD swimming  
June 20- Gr. 5 Elk Island Field Trip  
Kinder Celebration @10  
Gr. 9 Farewell @1

June 23- Elementary Districts  
Gr. 9 PAT Social  
June 24- Gr. 9 PAT Science  
Gr. 6 Market  
Gr. 6 Celebration @11  
June 25- Year end movie (1-6)  
June 26- Last day of classes  
Jr. High Awards Celebration @1



## Help with inventory

Our library is still conducting its inventory and would love some extra hands. All the job requires is to scan the books and to insure they are in order. This would be happening on Mondays and Tuesdays until the end of the year. If you are interested in helping out for a bit, then email Miss Gamache at [lgamache@gsacrd.ab.ca](mailto:lgamache@gsacrd.ab.ca) .



# Time to return Books



Our library is now closed for the year. Please keep an eye out for overdue notices, just in case your young ones haven't returned their books just yet. Miss Gamache is also testing a system to email notices out, so keep your eyes on your emails.

Thank you for all the books returned so far!

# FRIENDS of SAA AGM

**You're invited!!**

Tues. June 10th @ 8:00pm online

<https://meet.google.com/xur-dtzk-mbc>

## We will be nominating positions for:

- Chair
- Vice Chair
- Secretary
- Treasurer
- Member at Large

It's a great way to get involved with SAA  
in a volunteer capacity!!

**Only 2 Hot lunches left!**

**June 11th**

(There will be  
delivery to the  
Track Gr.4-6)



**June 18th**



**[www.healthyhunger.ca](http://www.healthyhunger.ca)**



# Sponsorship Thank You!

## 4-WAY

ELECTRICAL • BUCKET TRUCK • INSPECTIONS

*Palisades*  
**DQ Grill & Chill**  
12708 140<sup>th</sup> Ave

*Namoo*  
**DQ Grill & Chill**  
15837 97<sup>th</sup> St

*Newcastle*  
**DQ Grill & Chill**  
127<sup>th</sup> St & 170<sup>th</sup> Ave



Call/Text: (780) 271 - 2664  
Website: [www.realestateexperience.ca](http://www.realestateexperience.ca)



**Lastric  
Family**



**Thompson Family**



Phone: 780-418-6747 Fax: 780-458-9375

Address: 10, 156 St. Albert Trail St. Albert, AB T8N 0P5

Website: [www.kgpc.ca](http://www.kgpc.ca)

# Stay Connected

<https://www.saa.gsacrd.ab.ca/> (Sister Alphonse Academy)

<https://www.gsacrd.ab.ca/> (GSACRD)

**Don't forget to look for us on Facebook and Instagram!**

**Also, please join our SAA Parent Facebook Page.**

<https://m.facebook.com/groups/1024072471126540/?ref=share&mibextid=S66gvF>

