

FRIDAY KNIGHT NEWS : December 13, 2024



From the Principal's Desk...

A big thanks to Alexis Marie Chute for coming in and doing our writing residency this week. It was great seeing students working on projects and creating masterpieces of their own. Thank you so much Marie for finding time in your busy schedule to do this for us.

With last week being our last week before Christmas holidays, please be reminded to keep on participating in the theme days that are going on and don't forget that we have an amazing Christmas lunch coming up on December 19th. We will be feeding almost 450 people that day which is crazy, but we are looking forward to breaking bread together before we leave for the break.

Have a great weekend everyone! May God Bless you and keep you safe in all that you do and as always, Go Knights!

Week At A Glance

December 16th: Wear your Christmas accessories

December 17th: Wear red and green

December 18th: Wear your flannel
Healthy Hunger (Edo)

December 19th: Christmas Lunch
Wear your Christmas best

December 20th: Wear your PJs

December 21st- January 5th: Christmas Break
January 6th: School Resumes

St Albert Parish Sacramental Prep

2024-25 Preparation for The Sacrament of Confirmation - Grade 6 families

2024-25 Preparation for First Reconciliation (Confession) and First Eucharist (First Holy Communion) - Grade 2 families.

Faith In Action

Parish Information

[St. Albert Parish](#)

[Holy Family Parish](#)



ADVENT VESPERS



ADVENT & CHRISTMAS 2024

Join us to prepare and celebrate the birth of our Saviour

VESPERS

December 3

December 10

December 17

7:00 pm

ADVENT PENITENTIAL

December 12 @ 7:00 pm

MUSIC MINISTRY Page 1 / 1 CHRISTMAS CONCERT

ADVENT & CHRISTMAS 2024

Join us to prepare and celebrate the birth of our Saviour

VESPERS

December 3

December 10

December 17

7:00 pm

CHRISTMAS EVE

5:00 pm

8:00 pm

10:00 pm

12:00 am (Midnight)

FEAST OF THE HOLY FAMILY

December 28 @ 5:00 pm

December 29 @ 9:00 am, 11:00 am & 6:30 pm

MARY MOTHER OF GOD

December 31 @ 5:00 pm

January 1 @ 9:00 am & 11:00 am

ADVENT PENITENTIAL

December 12 @ 7:00 pm

MUSIC MINISTRY CHRISTMAS CONCERT

December 13 @ 7:00 pm

CHRISTMAS DAY

9:00 am

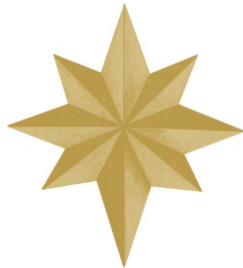
11:00 am



Parish News



THIS MONTH



Dec. 3

SAPY Elementary Night (6:30-8:00)

Dec. 12

SAPY Jr. High Night (6:30-8:00)

Dec. 15

SAPY Family Day - Sledding (12:00-2:00)

Dec. 17

SAPY Christmas Party (6:00-8:30)



SAPY FAMILY DAY

OIL KINGS GAME

& POST-GAME SKATE

FRIDAY, JANUARY 10
7:00 PM



Tickets - \$25

Bussing provided

Bus Leaves St. Albert Parish at 6:00pm
Register Before Dec. 18 to secure your spot

Contact Evan To register
Evan.Jamieson@caedm.ca
780-459-6691

Sacramental Preparation registration is now open at Holy Family Parish for the Winter Session starting in January 2025. **This is the final opportunity to register your child to celebrate the Sacrament(s) in spring 2025. The deadline to register is December 20, 2024.**

First Reconciliation/First Eucharist

Children must be baptized in the Catholic Church and be at least seven years old (usually grade two).

Registration forms can be found on the parish website: <https://holyfamily.caedm.ca/> Go to “Sacraments” >>> “Sacramental Preparation for First Reconciliation/First Eucharist.”

The registration form contains important information including lesson dates. Complete the registration and submit it according to the instructions on the back page of the form.

Please note: There is no parent session for the Winter Session; this was given in September.

Confirmation

Children who are baptized in the Catholic Church, have already received First Reconciliation **and** First Eucharist and are at least eleven years old (usually grade six).

Registration forms can be found on the parish website: <https://holyfamily.caedm.ca/> Go to “Sacraments” >>> “Sacramental Preparation for Confirmation.”

The registration form contains important information including lesson dates. Complete the registration and submit it according to the instructions on the back page of the form.

Please note: There is no parent session for the Winter Session; this was given in September.

For more information or questions, please contact Bruno Binassi, Pastoral Assistant, at Bruno.Binassi@caedm.ca or 780 459 3694.

Advent- Building our Nativity

Every day we have a class add a new figurine to our nativity. As a class, we read the importance of that piece before placing it on our prayer table.



MISSION:

Sister Alphonse Academy is a welcoming learning community that awakens the hearts and minds of students while educating and nurturing each to learn, live fully and serve others.

VISION:

Excellence in learning through faith, learning and engagements.

At SAA we strive to: Serve, Achieve, Aspire



District Chaplain- Doug Kramer

3rd Sunday of Advent - Year C
Philippians 4:4-7

Paul was in jail. More than once. And in this account, he's writing to his people saying "Yeah, it's bad. And I'm full of joy. You can be too. Stay close to Jesus. Tell him how you're doing and what you need. Then get out there and help people." Your life is not always going to be easy. But you can have joy in the middle of it all. Take it from Paul.



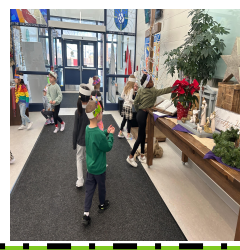
We were greeted at Jensen Lake Library with lots of welcoming, and invited to the story corner, for story telling. The theme was "Christmas Around The World." Students heard a German Christmas story. Our visit concluded with the class decorating and eating their Christmas cookies.

Early Learning



Division One

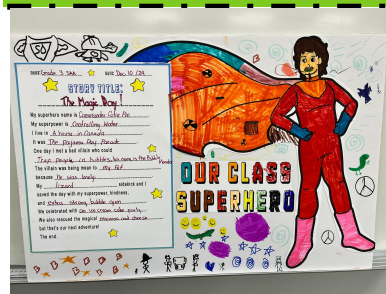
The grade ones had fun learning from Alexis Chute during our Writing Residency this week! They also took literacy on an adventure with the Gingerbread Man story.



Both grade 2 classes worked together on several activities this week!



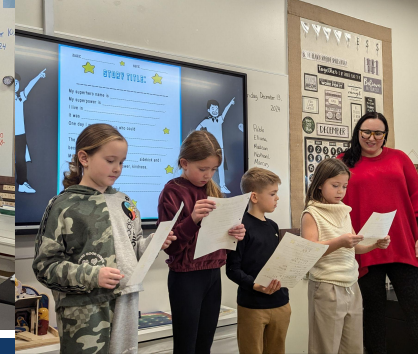
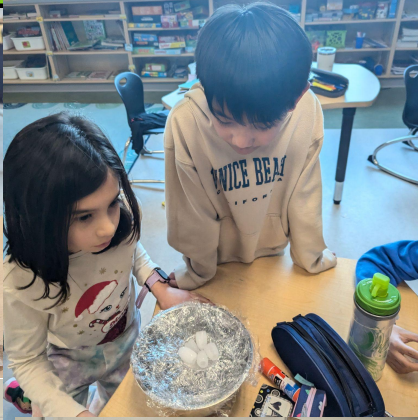
3A & 3B spent a fair bit of the week together working on writing about our Superheroes with Alexis Chute.



Grade 3 also did some top secret Elf Centres together.

Division One

3A unleashed their inner superheroes, did experiments to explore the water cycle, found their heartbeats during mindfulness exercises and duked it out in the Battle to save Whoville

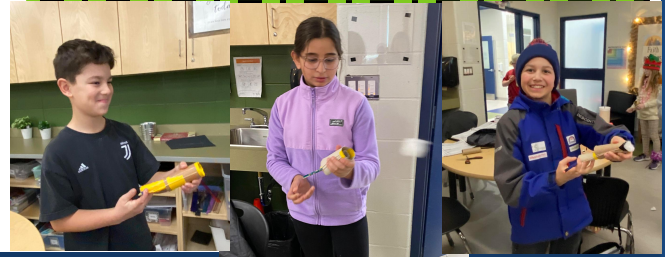


Division Two

4A got into the Christmas spirit this week!

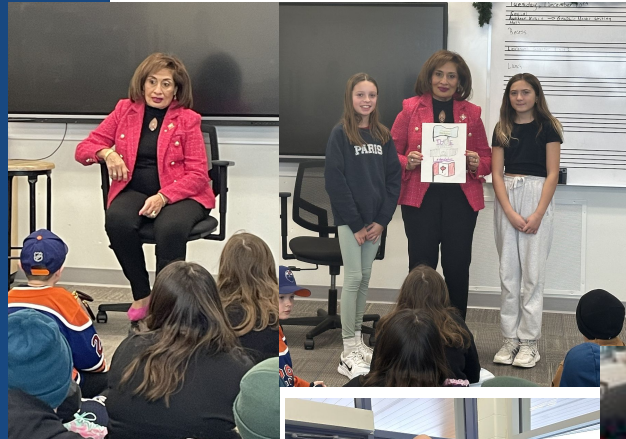


6B built Cotton Ball Launchers to learn about Action & Reaction Forces!



The grade 6 's were fortunate to have a visit from The Honourable, Salma Lakhani, Lieutenant Governor of Alberta

Division Two



Baking Cookies -
Gr. 6 Non-Rec

A photograph of three students in a classroom. On the left, a girl with long dark hair is wearing a dark green sweatshirt with a white graphic. In the center, a girl with long blonde hair is wearing a grey t-shirt. On the right, a girl with long brown hair is wearing a white sweatshirt with 'NEW YORK' and a large '15' on it. They are all smiling and standing behind a wooden desk. The background shows a classroom with blue walls, shelves with books, and other students working at desks.

A photograph showing two female students in a classroom setting. They are seated at a long wooden table, working on a project that involves a vertical structure made of sticks and green foam pieces. One student is standing and leaning over the table, while the other is seated and smiling. There are various supplies on the table, including a blue case and a pair of scissors. Other students and classroom furniture are visible in the background.



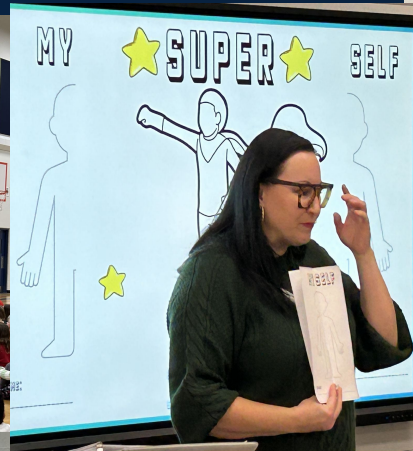
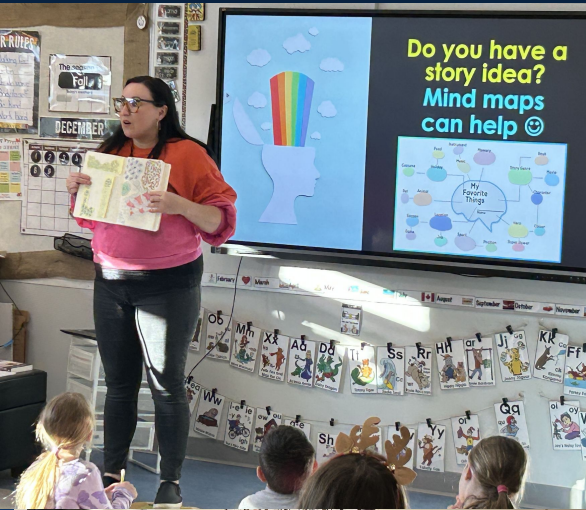
Jr. High Classes were treated to a movie and snacks by the Friends of SAA. The **Red One** was a hit! Thank you:)



Christmas Spirit



Writing Residency with Alexis Chute



Welcome Mrs. Perkins

As we get closer to the New Year, we wanted to take the time to thank Mrs. Szybunka for coming in and taking over for Mrs. Fenton on such short notice to help us out. We appreciate her support with our students and school. In the New Year, we welcome to SAA, Mrs. Perkins who will take over Kinder (AM) for the remainder of the year. Mrs. Perkins was assigned to our school a couple of years ago and is returning from her own MAT leave. Here is a message from Mrs. Perkins:

Hi everyone, my name is Kaitlyn Perkins. I will be the morning kindergarten teacher for the remainder of the school year. A little bit about myself, I grew up in St. Albert, have 3 small kids and have been teaching for the last 6 years. I love cooking, being outside and hanging out at home with my family. I look forward to meeting you all and wish you all a very merry Christmas.



Missing Boots

Hey everyone, we are missing a pair of boots just like these. Someone accidentally took a smaller size by accident and left the bigger size at the school. If folks recognize this style of boot, could you please check the size so we can do a swap. Thanks everyone!



Kinder Expo

Join Us for the Pre-K and Kindergarten Expo!

We are excited to invite families to our annual Greater St. Albert Catholic Schools Pre-K and Kindergarten Expo, where you can learn about our Kindergarten and Pre-Kindergarten programming. If you have a child entering Kindergarten or know young families in your neighbourhood, please help us share this information about these upcoming events:

- **St. Albert Expo:** January 16 at 5:30 p.m.
École Secondaire St. Albert Catholic High School, Hawks Nest (33 Malmo Avenue)
- **Morinville Expo:** January 23 at 5:30 p.m.
Morinville Community High School (9506-100 Avenue)

These expos provide a wonderful opportunity to meet our staff, explore programming options, and ask questions about your child's first steps into school.

To learn more about these events and view additional open house dates, visit our website:

- [Pre-K and Kindergarten Expo](#)
- [Open house dates](#)

Christmas Lunch: December 19th 2024

On Thursday December 19th we will be doing our annual Christmas Dinner for our students and staff. This is at no charge to our families and is supported by the school's nutrition grant. At this time we wanted to send a huge thank you out to Corie Keeler (Keeler Family) who has volunteered to cook the entire meal for us. Corie is the vice-president of sales/marketing at Nella West Food Equipment and has volunteered the services of his equipment and personnel to help us out. We are so appreciative of this gesture as this is a massive undertaking. Thank you Corie and to the entire Keeler family for the support.



SAA Assurance Survey

Dear SAA Parents and Guardians,

Greater St. Albert Catholic Schools values your opinion. As part of our Assurance process, we ask that you share your perspective through our Division Assurance Survey at the link or QR code below. Results from this survey will be used to inform planning and make decisions at both the school and divisional level for the 2025/2026 school year.

- All parents and staff, as well as students in grades 4-12, will be given the opportunity to complete the survey. Surveys are completely anonymous.
- **Families with children at more than one GSACRD school are asked to complete a survey for each site.**
- The survey will remain open until **Friday, December 20, 2024**.

Please note: If you have a child in grade 4, 7, or 10, you may receive a similar survey from Alberta Education toward the end of January. If so, we would encourage you to complete both surveys. Our divisional survey is being administered earlier in the school year to avoid overlap and encourage participation.

We thank you in advance for sharing your feedback; your time is appreciated.

[2024-2025 SAA Parent & Guardian Assurance Survey](#)

Dr. Clint Moroziuk
Superintendent of Schools

DECEMBER 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01	02 WEAR YOUR FAVE TOQUE	03 WEAR YOUR CHRISTMAS BELLS AND LIGHTS	04 DRESS LIKE AN ELF	05 WEAR RED AND WHITE	06 CHRSITMAS CRAZY HAIR DAY	07
08	09 CHRISTMAS SWEATER DAY	10 WEAR YOUR REINDEER ANTLERS	11 WEAR YOUR SANTA HAT	12 WEAR YOUR CHRISTMAS SOCKS	13 WEAR YOUR CHRISTMAS BEACH OUTFIT	14
15	16 WEAR YOUR CHRISTMAS ACCESSORIES	17 WEAR RED AND GREEN	18 WEAR YOUR FLANNEL	19 WEAR YOUR CHRISTMAS BEST!	20 PJ DAY!	21
22	23	24 MERRY CHRISTMAS	25	26	27	28
29	30	31				

December Dates

December 18th: Healthy Hunger (Edo)

December 19th: Christmas Lunch

December 20th: No Kinder/Last Day Before Christmas Break

December 21st- January 5th: Christmas Break

December 25: Merry Christmas!

January 6th: School Resumes

COUNSELLOR'S CORNER

In 2023, a small study asked students in Grades 6-10 in four schools:

- ▶ Put up your hand if you've ever seen something really scary on the internet without meaning to- maybe a car crash, an explosion, a horror movie clip/image. **(100%)**
- ▶ Put up your hand if you've ever seen something really hurtful on the internet about a stranger without meaning to- maybe making fun of someone's appearance, making fun of a disability. **(100%)**
- ▶ Put up your hand if you've ever seen something really hurtful on the internet about someone you know in real life (a classmate, a friend, a relative.) **(65%)**



Our students are growing up in a digital world where they can encounter scary or confusing content online. It's important to keep open lines of communication so they feel safe discussing these experiences. When students see something troubling, they might feel anxious or unsure about how to process it. By letting them know they can talk without judgment or fear of getting in trouble, we create a supportive space for understanding and reassurance. Ask open-ended questions like, "How did that make you feel?" or "What do you think about what you saw?" These conversations help them feel heard, guide them toward critical thinking, and provide the security they need to navigate the online world confidently. Let's empower our kids by being present, listening, and helping them make sense of the digital world together. As you can see from a small study in 2023 this is quite a prevalent issue for our youth.

Sean Brass sbrass@gsacrd.ab.ca

FRIENDS of SAA

One last December hot lunch before the holidays!! Stay tuned for January lunches. They will be posted soon.

Take a break from packing lunch, and order a delicious meal for your child.

Every order helps contribute to our goal of purchasing new chromebooks for SAA!

Thank you so much for your support!

www.healthyhunger.ca

Nov 20, 2024



Nov 27, 2024



Dec 03, 2024



Dec 04, 2024



Dec 11, 2024



Sponsorship Thank You!

4-WAY

ELECTRICAL • BUCKET TRUCK • INSPECTIONS

Palisades
DQ Grill & Chill
12708 140th Ave

Namoo
DQ Grill & Chill
15837 97th St

Newcastle
DQ Grill & Chill
127th St & 170th Ave

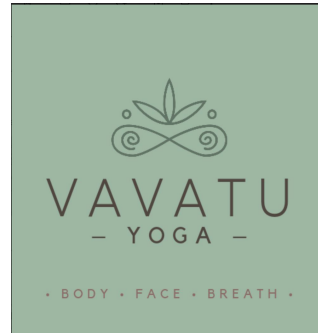


Call/Text: (780) 271 - 2664

Website: www.realestateexperience.ca



**Lastric
Family**



Thompson Family



Phone: 780-418-6747 Fax: 780-458-9375

Address: 10, 156 St. Albert Trail St. Albert, AB T8N 0P5

Website: www.kgpc.ca

Stay Connected

<https://www.saa.gsacrd.ab.ca/> (Sister Alphonse Academy)

<https://www.gsacrd.ab.ca/> (GSACRD)

Don't forget to look for us on Facebook and Instagram!

Also, please join our SAA Parent Facebook Page.

<https://m.facebook.com/groups/1024072471126540/?ref=share&mibextid=S66gvF>

