

FRIDAY KNIGHT NEWS : November 8, 2024



From the Principal's Desk...

We just wanted to take the time for everyone who made it out to the Remembrance Day liturgy/service. It was great to be able to get together to celebrate and remember those who have served and those who continue to serve to protect the rights and freedoms that we have as a country. A huge thank you to Rebecca from St. Albert Parish, our parents, students and staff who made the event successful. A special thank you to Mr. Lachappelle and Mr. Grondin for all their work in making this a special day. We certainly appreciate all the efforts. Thank you both.

As we make our way to Fall Break we just wanted to thank everyone for their support to start the school year. We have grown so fast in a short period of time with overall numbers and we appreciate the patience of everyone as we organize things in a different way. Thanks everyone for making our school a great place to be.

Have a great weekend everyone! May God Bless you and keep you safe in all that you do and as always, Go Knights!

Week At A Glance

Fall Break Nov 11-15- No School

November 18th:

November 19th: School Council Meeting (6:30 PM)

November 20th: Healthy Hunger (BPs)

November 21st: Sister Alphonse's Birthday

November 22nd:

Tickets for our "Knight's Noel"
Christmas Family Night on Nov. 28th
are on sale NOW in Powerschool!



St Albert Parish Sacramental Prep

2024-25 Preparation for The Sacrament of Confirmation - Grade 6 families

2024-25 Preparation for First Reconciliation (Confession) and First Eucharist (First Holy Communion) - Grade 2 families.

Faith In Action

St. Albert Parish

Holy Family Parish

As a school community we commemorated Remembrance Day with a beautiful liturgy followed by a ceremony. Lest We Forget.



MISSION:

Sister Alphonse Academy is a welcoming learning community that awakens the hearts and minds of students while educating and nurturing each to learn, live fully and serve others.

VISION:

Excellence in learning through faith, learning and engagements.

At SAA we strive to: Serve, Achieve, Aspire



District Chaplain– Doug Kramer



No Plan "B"

Gospel Reading Mark 12.38-44

32nd SUNDAY IN ORDINARY TIME

Jesus doesn't ask us for "more". We can't impress him with an amount of money or prayer or behaviour. What impresses Jesus is someone who gives everything they have, even if - especially if - that's all you can give.



Early Learning

Am Kinder had lots of fun working at different centers this week.



Full Day kinders learned about health and wellness through yoga with Mrs Hoskins.



Fun with friends!

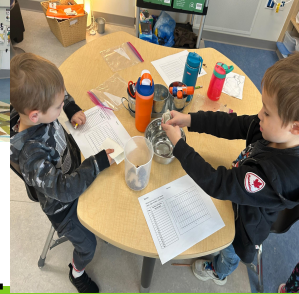
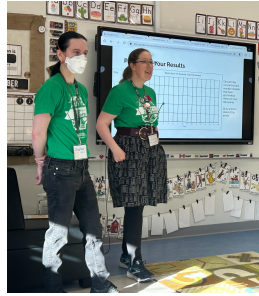


We learned about keeping the Earth healthy with Miss Valerie from the U of A.

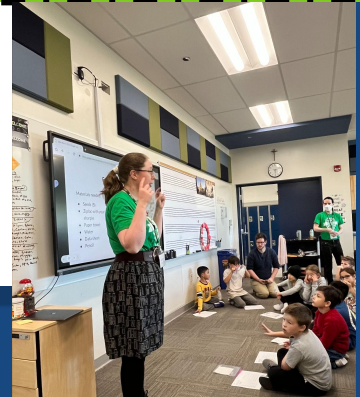
Both Grade 2 classes participated in a science experiment with with Dr. Valerie Miller and discussed Future Energy Systems!

Division One

Grade 1A is learning how to conduct a science experiment with Dr. Valerie form the UofA science department. We look forward to learning more about plant growth and data tracking.



Grade 3 was doing ALL things Science this week! We spent time with Dr. Valerie and did 3 experiments.



Division Two

6B created thermometers to learn about thermal expansion and contraction of liquids!



4A had an amazing time watching The Wild Robot movie to tie in with our read aloud!



6A had an amazing week at the Legislature

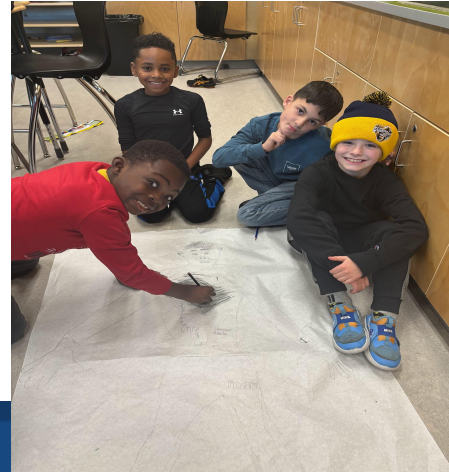


Division Two

Grade 4 on their way to watch The Wild Robot.



Grade 4 Knights Block started learning about the parts of the body in French, they were tasked with tracing a friend and labelling.



Division Three

Our Senior Girls' Volleyball team finished 2nd Place in Tier 2 on Thursday night. This is 6th place overall in St. Albert. This was a successful season for our very young team and small school! We had four grade 7's, 4 grade 8's and 5 grade 9's competing at the senior level! Way to go girls.



Our junior high students *dressed to impress* today to recognize the importance of our Remembrance Day Ceremony. Thank you for going out of your way to show respect on this special day.



Division Three




Thank you to the fantastic leadership of the grade 9 class in our Remembrance Day Ceremony. Every single student played an important role.

Student VS Staff Volleyball Game

Teachers won both junior and senior volleyball teams!





GSACS Education Foundation 50/50 Christmas Cash tickets on sale now; proceeds are used in supporting group grants to enhance learning & educational opportunities for GSACRD students. Get your tickets until Dec 3 (or until sold out) - don't miss your chance at up to \$10,000, just in time for Christmas.

<https://www.rafflebox.ca/raffle/gsacsef>

November Dates

Knights Noel tickets are on sale - Go to Powerschool to purchase!

November Fall Break Nov 11-15- No School

November 11th: Remembrance Day

November 14th: Deadline to order Poinsettias for our CSS fundraiser

November 19th: School Council Meeting (6:30 PM)

November 20th: Healthy Hunger (BPs)

**November 21st: Sister Alphonse's Birthday, deadline to
Order tickets for our "Knights Noel"**

**November 27th: Healthy Hunger (iHop)
Advent Begins**

**November 28th: Beauty and the Beast play @11:30am
Knights Noel from 5:30pm to 8:00pm**

November 29th: PD Day/No School



Knights Noel

Join us for a night of musical performances, crafts and community, Santa pictures, cookie decorating and more!

Tickets on sale now! \$3ea. (4 per family)

5: 30pm - 8:00pm - Performance Schedule [HERE](#)

Thursday, Nov. 28th @ SAA

Please dress in black bottoms, white tops and Santa Hats!

ADVENT GIVING ... In preparation for the season!

Poinsettia Fundraiser for Catholic Social Services

Order from Oct. 18 - Nov. 14th! Pick up at our Christmas Family Night Nov.28 @ SAA - Mrs. Trenchard's Room

GROWING SMILES POINSETTIA FUNDRAISING LINK

**OUTDOOR GREENERY
ARRANGEMENT**



**INDOOR TROPICAL
PLANTER**



**6.5" PREMIUM
POINSETTIA**



**6.5" PREMIUM
POINSETTIA**



COUNSELLOR'S CORNER



5 friendship truths I tell my child:

- "Not everyone will like you and that's okay."
- "Good friends will always respect your 'no'."
- "Never change yourself to fit in—find friends who love the real you."
- "You don't have to be friends with someone who is repeatedly unkind."
- "Making good friends can take time. But once you get there, it is so worth it!"



@BigLifeJournal



Friendships are vital for a sense of belonging and joy, but they can also bring challenges that may seem tough to handle. For parents and students alike, it's reassuring to know that these moments—whether it's a disagreement, feeling left out, or discovering friends who don't share our values—are opportunities to grow resilience, self-awareness, and empathy. Each challenge helps students build the skills they need for future relationships, teaching them patience, conflict resolution, and the value of kindness. When kids learn to navigate friendship ups and downs, they're not just strengthening their current relationships—they're developing emotional tools that will serve them well throughout life. Embracing these experiences helps students feel empowered and confident, knowing that each hurdle is a step toward becoming a compassionate, thoughtful friend. Check out some helpful phrases from The Big Life Journal to support your child.

sbrass@gsacrd.ab.ca

Sean Brass



FRIENDS of SAA

November and December hot lunches are posted. Woohoo! Take a break from packing lunch and purchase your child a delicious meal!

Every order helps contribute to our goal of purchasing new chromebooks for SAA!

Thank you so much for your support!

www.healthyhunger.ca

Nov 20, 2024



Nov 27, 2024



Dec 03, 2024



Dec 04, 2024



Dec 11, 2024



Art Cards



Check your child's backpack!

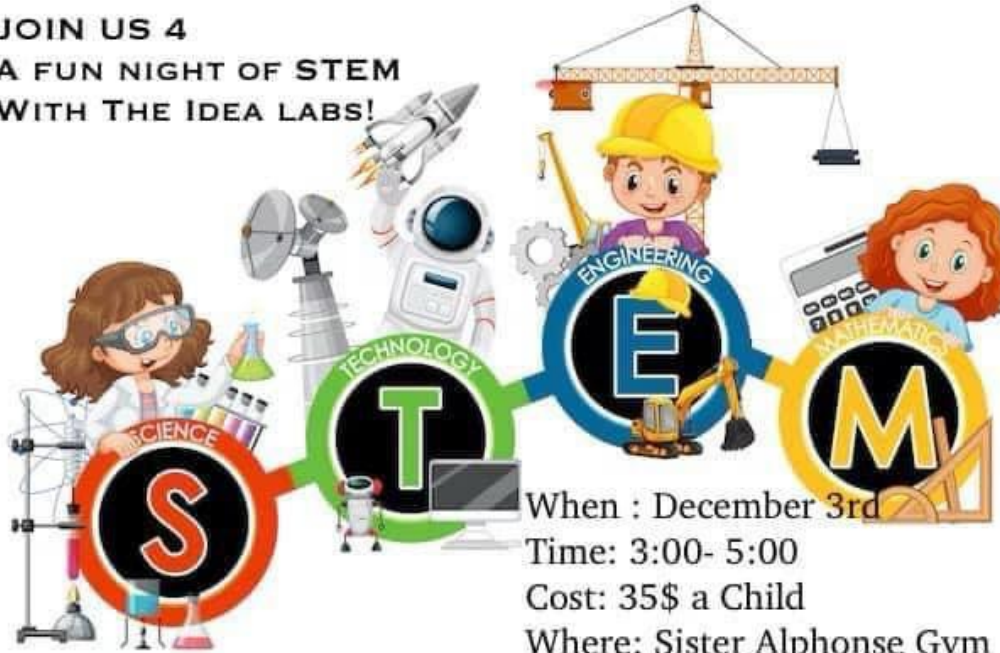
Students in K-Gr. 6 have made some beautiful artwork that has been transformed into cards.

If you are interested in ordering their very special masterpiece or an ornament / puzzle / plaque / notebook ... the instructions are inside the card, with their ordering code on the back.

**Orders are due Nov. 22nd
Thank you,
Friends of SAA**

SAA STEM NIGHT - 10 tickets left

JOIN US 4
A FUN NIGHT OF STEM
WITH THE IDEA LABS!



When : December 3rd
Time: 3:00- 5:00
Cost: 35\$ a Child
Where: Sister Alphonse Gym

On Dec. 3rd, Idea Lab is coming to SAA!!

It will be a STEMtastic good night.

The event includes a quick **EXPLOSIVE** science presentation followed by 4 centres around the gym (Hexbug mazes and races, zip line challenge, Bridge Engineering challenge and Hoop Gliders).

Students will meet in the gym for 3:00 and parents can pick up at the front door at 5:00pm.

Grab your spot before they are filled up.

Idealab

Ryan from Idea labs St Albert has extended a discount code to Our families at SAA for his upcoming fall break camps.

The code is **SAE10DAY** and it will save 10 % for the camps .

Fall Break @  **idealab** st.albert

Edible Science!
November 14th

Spots still available for this exciting science and culinary adventure day camp!

Register on our website

9am
to
4pm



REGISTER NOW



Sponsorship Thank You!

4-WAY

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12708 140th Ave

Namoo
DQ Grill & Chill
15837 97th St

Newcastle
DQ Grill & Chill
127th St & 170th Ave



Call/Text: (780) 271 - 2664

Website: www.realestateexperience.ca



**Lastric
Family**



Thompson Family



Phone: 780-418-6747 Fax: 780-458-9375

Address: 10, 156 St. Albert Trail St. Albert, AB T8N 0P5

Website: www.kgpc.ca

Stay Connected

<https://www.saa.gsacrd.ab.ca/> (Sister Alphonse Academy)

<https://www.gsacrd.ab.ca/> (GSACRD)

Don't forget to look for us on Facebook and Instagram!

Also, please join our SAA Parent Facebook Page.

<https://m.facebook.com/groups/1024072471126540/?ref=share&mibextid=S66gvF>

