

FRIDAY KNIGHT NEWS : August 30, 2024



From the Principal's Desk...

What a great first week back and how wonderful it was to see the students. Sounds like summer was very eventful for our families, but people are ready to get back into routines and what better way to do that than getting back to school.

A huge thank you to all the families who made it out to the Welcome Back BBQ on Tuesday. The hallways were packed with people socializing, dropping off school supplies, and meeting staff. It's such a great way to start our year before school starts, so thank you all for prioritizing that on your schedules.

As we make our way to next week, please be advised that Jr. High volleyball is starting right away. Girls tryouts were this week and boys tryouts are next week. It will be a busy start up with practices and games starting up right away so please be prepared. Coaches will let athletes know specific dates.

Have a great weekend everyone. May God Bless you and keep you safe in all that you do and as always, Go Knights!

Week At A Glance

September 2nd: No School- Labour Day

September 3rd: School Resumes

September 4th: Volleyball tryouts Boys 3:00-4:15 pm
Volleyball tryouts Sr. Girls 3:00-5pm

September 5th: Spirit Day- wear school colors
Volleyball tryouts Boys 3:00-4:15 pm
Volleyball tryouts Sr. Girls 3:00-5pm

September 6th: Volleyball tryouts Boys 3:00-4:15 pm
Volleyball tryouts Sr. Girls 3:00-5pm

SAA's Mission and Vision

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MISSION:

Sister Alphonse Academy is a welcoming learning community that awakens the hearts and minds of students while educating and nurturing each to learn, live fully and serve others.

VISION:

Excellence in learning through faith, learning and engagements.

At SAA we strive to: Serve, Achieve, Aspire



Faith In Action

Parish Information

[St. Albert Parish](#)

[Holy Family Parish](#)

Sacramental Preparation at Holy Family Parish



Sacramental Preparation registration is now open at Holy Family Parish. Baptized children in grade two (seven years old) or older can be registered for First Reconciliation/First Eucharist. Baptized children who have already received First Reconciliation and First Eucharist and are in grade six (eleven years old) or older can be registered for Confirmation. Registration forms and more parent information can be accessed through the parish website at www.holyfamilyparish.ca Select "Sacraments" then select "Sacramental Preparation for First Reconciliation/First Eucharist" or "Sacramental Preparation for Confirmation." Please also note the dates of the parent meetings listed on the website for each Sacramental Preparation Program; at least one parent must attend. For more information, please contact the Pastoral Assistant, Bruno Binassi at 780-459-3694 or Bruno.Binassi@caedm.ca



Growing in the
Trinity Love,
Mercy & Grace

Artwork by Tara Riccoppo

SAINTS IN TRAINING

Saints in Training (HFP Catechism) Registration

Saints in Training is a fun and engaging group for kids where they can explore their faith, build a stronger Catholic community, and become the next generation of Saints! We will meet every Friday starting on September 27th at 4:30pm to start our training!

We have a \$20 registration fee per child to help cover the cost of materials. You can pay this fee with cash or cheque to the church, or by e-transfer to accountant@holyfamilyparish.ca. Please include your child's name and a note that it's for catechism class.

We'll send you an email with more information before the first day of catechism.

Thank you and God bless!

SAINTS IN TRAINING

HOLY FAMILY CATECHISM

WHY SHOULD I
TRAIN TO BE A SAINT?

To build community,
enhance your
understanding of our
faith, and one day
BECOME A SAINT!

WHERE DO I REGISTER?

Our easy to use
[Google Form!](#)

WHO CAN ATTEND?
Anyone in
Grades 1-9

WHEN DO WE TRAIN?
Fridays at 4:30pm
at Holy family Parish

The link to register is <https://forms.gle/GGqMBuXhbTsin3846>

Early Learning



We are having SO much fun
exploring our classroom in
Kindergarten!



Division One

Grade 2s working on patterning in math.



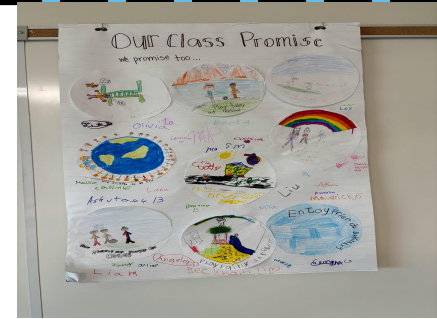
Grade 1A had fun getting to know each other and the new routine.



Grade 3 got creative today putting together their classroom promise contract.



Grade 1B had a fun week reconnecting and getting to know new friends!



Division Two



**Grade 6's
made duct
tape wallets to
hold their
class cash**



**Making New Friends in
Grade 3/4**



**Grade 4 had a great start to the
year!**

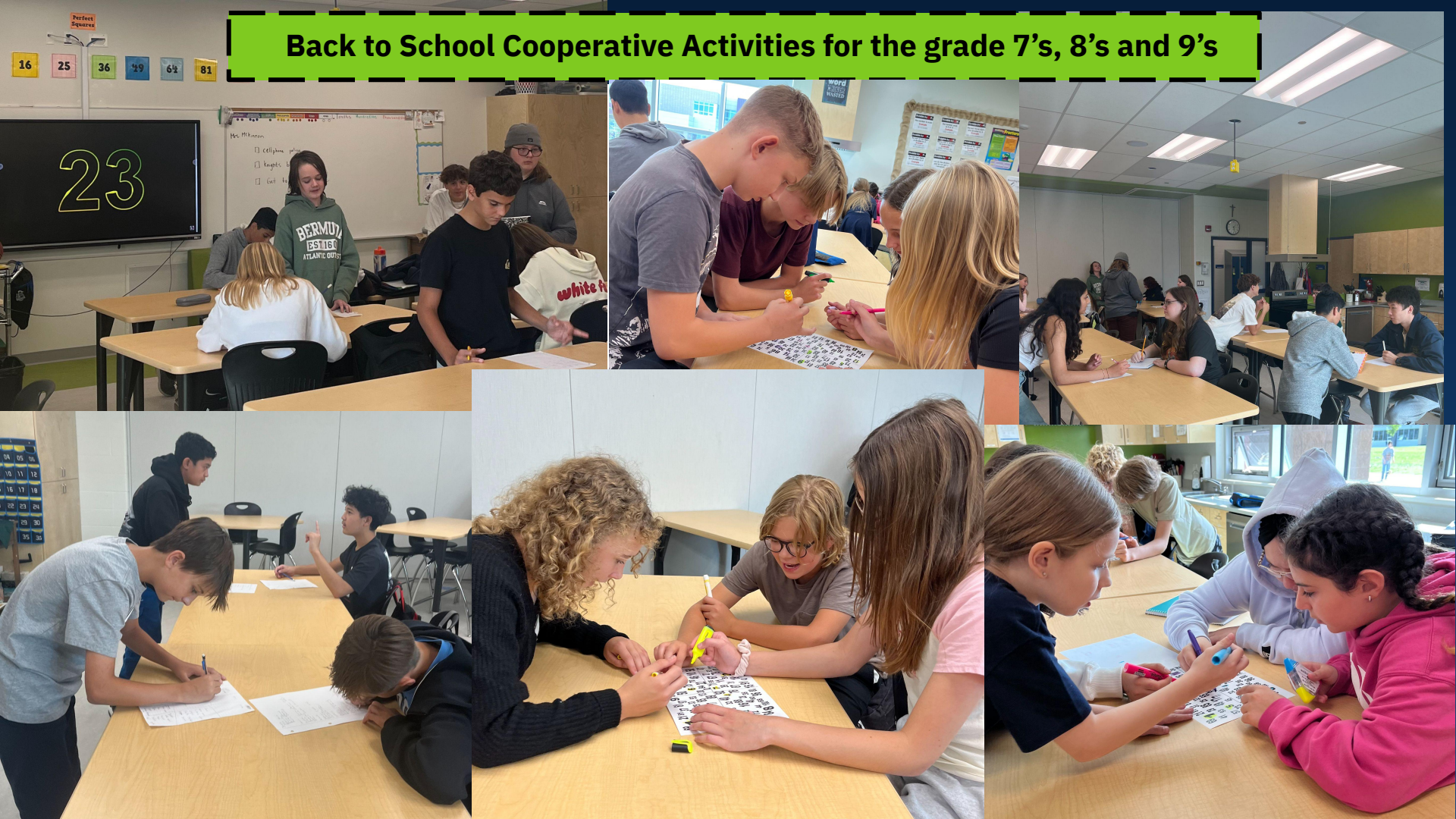
Division Three

Outdoor Wellness Knight's Block



**Jr. high students
had a great afternoon doing
some team building.**

Back to School Cooperative Activities for the grade 7's, 8's and 9's



Last first day for Grade 9's



COUNSELLOR'S CORNER



Colleen Mayes, Community Resource Coordinator with the City of St. Albert will begin spending time with our gr. 2 - 5 students. She will be teaching an empathy program. Each session follows a structured format introducing key messages on social-emotional learning topics through check-in, group discussion, games, check-outs, and a take-home task.

I am excited to introduce myself as the new Teacher-Counselor at SAA. A large part of my role is to support students not only in their academic journey, but also in their personal growth and well-being. I am here to listen, guide, and provide the resources needed to help every student thrive. I am eager to get to know you all and collaborate to create a positive and nurturing environment for everyone at our school.

If you think I could be a support for your child, please feel free to touch base with your child's homeroom teacher or contact me directly via email at sbrass@gsacrd.ab.ca

I look forward to an inspiring and successful year ahead!

Sean Brass



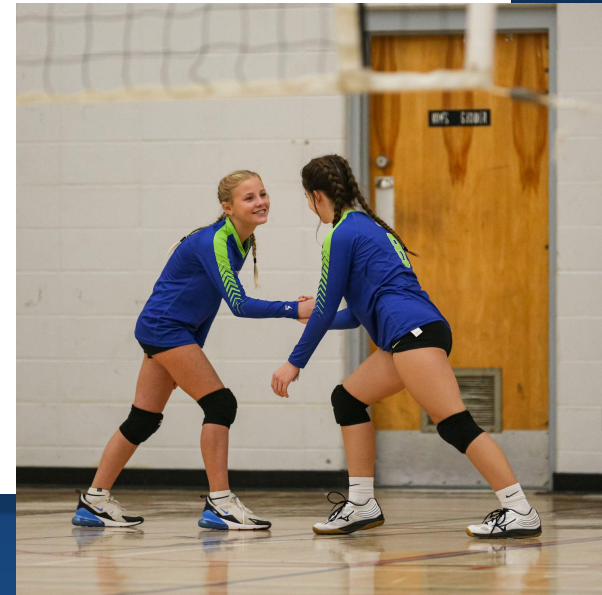
Junior High Volleyball Tryouts Continue

Senior Girls tryouts continue Tues. Sept. 3rd 3-5pm.
A few cuts have been made and those girls will move down to try out for the junior girls team. The junior tryouts will begin once the senior team is made. Stay tuned for dates and times.

Senior Girls' tryouts by invitation only will finish up:

Wednesday, Sept. 4th: 3-5pm

Thursday, Sept. 5th: 3-5pm



Boys Volleyball Tryouts

Tryouts! All grade 7-9 boys are invited. **NO EXPERIENCE** necessary.

- **September 4th 3:00-4:15 pm**
- **September 5th 3:00-4:15 pm**
- **September 6th 3:00-4:30 pm**



Team practices will start Sept. 9th.

School Apparel

Limited Availability at school to purchase:

T-Shirts: \$10.00

Water Bottles: \$5.00

Cinch Bags: \$5.00

Baseball Hats: \$10.00

Winter Toques: \$10.00

CASH ONLY



Online Store Ordering:

<https://sisteralphonseacademy2024.itemorder.com/shop/sale/>

-Closes September 15th

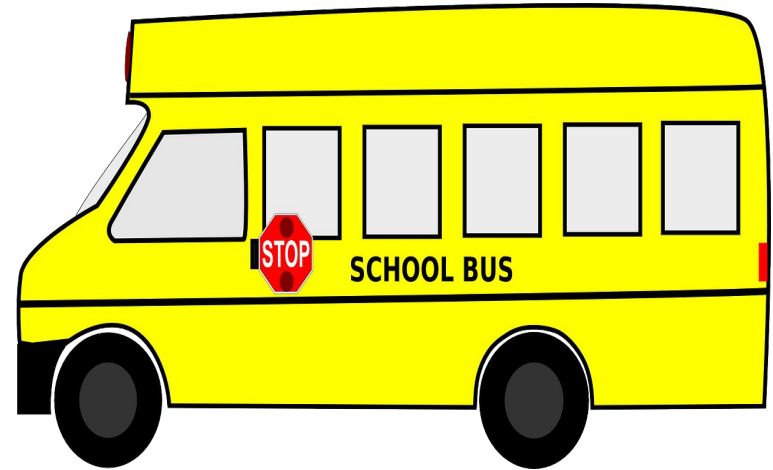
-4-6 week turnaround

-Items sent to the school for pickup

Parking

Bus Lane: Just a reminder that our bus loop will be for school busses, REC busses and daycare vans only. With the amount of traffic at the start and the end of the day, it is important to keep these areas as uncongested as possible to keep everyone safe. Please utilize parking out on the main street to ensure student transport vehicles have access to the bus lane.

SIGIS Parking: For those families utilizing SIGIS, there is a small window of 7-8AM that parents can access the main bus loop before busses start rolling in.



SNACK SHACK IS NOW OPEN!

On Tuesday September 3rd, Snack Shack will officially open for students to purchase items. Until we can get Snack Shack cards and fees uploaded, we can only do cash sales. If you have a snack shack card from last year, those are still good to use.

Please note that we also do special food specials intermittently throughout the year. We will let our families know when those come up. Prices range from \$2-\$3

Items Available: Price:

Gatorade/Ice Drinks	\$2.00
Water	\$1.00
Bubly	\$1.00
Muffins	\$2.00
Cookies	\$1.00
Small Chips/Pringles	\$1.00
Hot Rods	\$1.00
Pizza Pop	\$1.00
Rice Krispie Squares	\$0.50
Welch's Fruit Snacks	\$0.50
Chocolate Milk	\$1.50
Cup of Noodles	\$2.00
Ice Cream/Freezies	\$1.00



Grade 6 & 9 Immunizations

Monday, October 7th, 2024- grade 6
first doses

Monday, January 20th, 2025- grade 9

Monday, April 7th, 2025- grade 6
second doses



Spirit Days - Knights Wear

Every Thursday will be Spirit Days where students and staff wear their Knights apparel to show our school spirit.

If you do not have any SAA apparel and are not wanting to purchase anything, please feel free to wear blue if you want to participate in the day.

GO KNIGHTS!!!!



SAA School Council



***First School Council Meeting on September 17th**

***6:30 PM**

***SAA Foods Lab**

***Elections for positions**

***Excellent way to get involved with the school**

FRIENDS of SAA

Healthy Hunger is a special program Friends sets up for the students, with the help of some amazing parent volunteers, Mrs. Trenchard & her grade 5 class.

If you are interested in ordering your child a hot lunch for Wednesday, please visit:

www.healthyhunger.ca

Please note, orders must be placed by the Friday prior to the hot lunch to be included.

A small portion of each order gets donated to our student initiatives.

Enjoy!

~ Friends of SAA

Sept. Hot Lunch

SISTER ALPHONSE ACADEMY

SEPT. 4TH - 

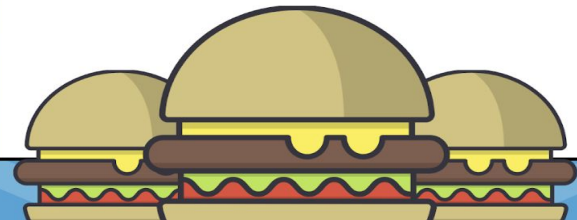
SEPT. 11TH - 

SEPT. 18TH - 

SEPT. 25TH - 

www.healthyhunger.ca

PLEASE PLACE YOUR ORDER BY THE
FRIDAY PRIOR TO THE HOT LUNCH



Stay Connected

<https://www.saa.gsacrd.ab.ca/> (Sister Alphonse Academy)

<https://www.gsacrd.ab.ca/> (GSACRD)

<http://www.stalbertparish.com/> (St. Albert Parish)

<https://twitter.com/KnightsCommons> (SAA Learning Commons)

Don't forget to look for us on Facebook and Instagram!

Also, please join our SAA Parent Facebook Page.

<https://m.facebook.com/groups/1024072471126540/?ref=share&mibextid=S66qvF>

