

FRIDAY KNIGHT NEWS Friday, January 12, 2024



From the Principal's Desk...

Welcome back everyone from what we hope was a wonderful Christmas holiday. As you have probably noticed, the temperature has dropped significantly since the New Year and we are currently in a deep freeze. Please make sure that students are bundled up as much as possible to ensure they are protected from the winter elements. Our cutoff to go outside is -25 with the windchill so please ensure students come prepared to go outside.

It is that time of the year again when we do surveys. This year we have the division satisfaction survey, Catholic Program Review Survey and for some parents, Alberta Education will contact you to do that survey as well. If families could find some time to complete these, that would be great.

Have a great weekend everyone. May God Bless you and keep you safe and as always, go Knights!

Week At A Glance

January 15th:

January 16th:

**January 17th: Healthy Hunger (BP's)
School Council 6:30PM**

**January 18th: Kindergarten Expo (New Families
for the 2024-2025 school year, 6:30 - 8:30PM at
St. Albert High School)**

SAA Spirit Day

January 19th:

Faith In Action

Parish Information

[St. Albert Parish](#)

[Holy Family Parish](#)



Grade 3 students led prayer at our Friday Knights assembly.

Chaplain's Corner- Doug Kramer



Have you ever lay there awake, in your bed, and all you want to do is fall asleep? Thoughts racing. Worrying. Replaying the events of the day. We hear about a young boy named Samuel who just wants to get to sleep when he learns that what he really needs to do is stop tossing and start turning to God.

SAA's Mission and Vision

MISSION:

Sister Alphonse Academy is a welcoming learning community that awakens the hearts and minds of students while educating and nurturing each to learn, live fully and serve others.

VISION:

Excellence in learning through faith, learning and engagements.

At SAA we strive to: Serve, Achieve, Aspire



Early Learning



We started working on our Gymnastics unit in phy-ed. We are learning about balance and safety when landing.

Kinders are excited to start reading WORDS!



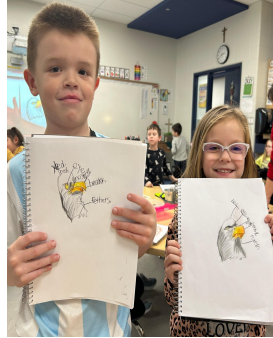
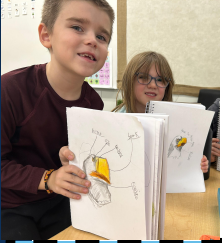
Learning how to subitize with our game of Dynamite!



Indoor recess leads to many amazing creations!

Division One

Grade 1 is learning about the 7 Grandfather Teachings. This month they learned about the eagle.



Grade 1/2 enjoyed learning our new literacy Centers



Grade 2 made Snowman art with geometric shapes!



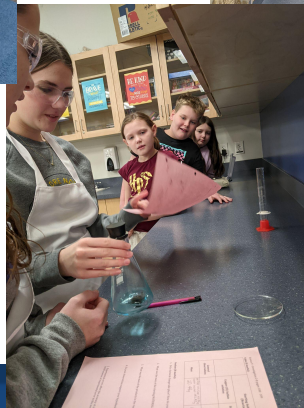
Grade 3 made Word of the Year art. We also explored friction and force playing marbles!



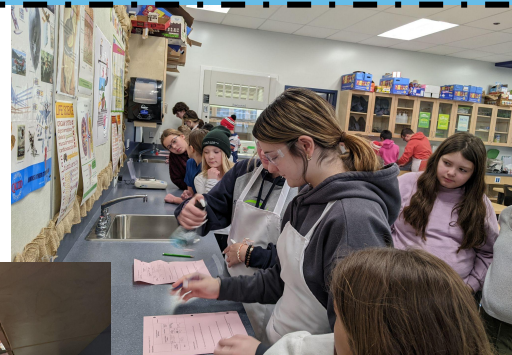
The 5's stayed warm this week by playing games at recess and painting winter mountain scenes to end the week!



Division Two



The Grade 5 classes had the chance to join the Grade 9 Science class to observe an experiment in action! It was awesome to see the lab coats, the attention to detail and to discover what happens when copper oxidizes!



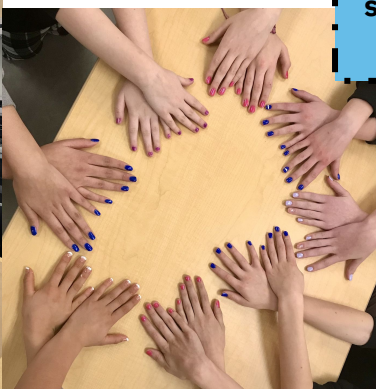
Division Three



Gr. 7 designed and are now constructing their roller coasters in Science class.



Cosmetology class learned the proper steps of doing a manicure.



Basketball Season has begun! Both Boys & Girls teams are off to a great start!



K- 6 RABBIT HILL SKI and SNOWBOARD DAY



**We are planning another great day at the hill on
Wednesday, February 7, 2024. Permission forms
will be completed electronically on the
Powerschool Parent Portal this year!**

Read about the details
in this

PARENT INFORMATION LETTER

**An email will be sent home shortly to let
you know when you are able to log in and
fill in your child's details, sign and
complete payment!**



District Assurance Survey Link (Parents)

Dear SAA Families,

Greater St. Albert Catholic Schools values your opinion. As part of our Assurance process, we ask that you share your perspective through our Division Assurance Survey at the link or QR code below. Results from this survey will be used to inform planning and make decisions at both the school and divisional level for the 2024/2025 school year.

- All parents and staff, as well as students in grades 4-12, will be given the opportunity to complete the survey. Surveys are completely anonymous.
- **Families with children at more than one GSACRD school are asked to complete a survey for each site.**
- The survey will remain open from **January 11, 2024 to Friday, February 2, 2024.**

Please note: If you have a child in grade 4, 7, or 10, you may receive a similar survey from Alberta Education at a later date. If so, we would encourage you to complete both surveys.

We thank you in advance for sharing your feedback; your time is appreciated.

[SAA Parent Assurance Survey 2024](#)

Blessings,

Dr. Clint Moroziuk
Superintendent of Schools

SAA School Catholic Review Survey

On January 22nd - 24th, we will be conducting a Catholic School Review in your school community. The purpose of this process of gathering, analyzing and synthesizing information is to assist in strengthening the School Education Assurance Plan that continues to move and improve your school in the area of Catholicity. Our ultimate goal is to support faith formation and impact student learning.

This process involves gathering data and evidence through surveys, interviews, documentation reviews, and general observations. To make this a success, we need your assistance.

What can you do to help us with the process?

- Talk to your children about their school experience and how they can contribute to the process by speaking with the review team or by taking a survey during this week. All gr. 4-9 students will be surveyed and some of them will be chosen to be interviewed.
- Let us know if you would be willing to have a short interview with a member of the team. This can be conducted in person or by phone during the day and into the early evening. If interested please email cloiselle@gsacrd.ab.ca
- As an SAA parent, please take time to fill out the parent survey at: [Catholic School Review SAA Parents](#)

The survey is now available until:

9AM Jan. 12th - 3PM Jan. 19th, 2024

If you have any questions or concerns about the process, please contact your school administration or contact me at **780-459-7711** or by email at jdumont@gsacrd.ab.ca.

Invitation to Taste of Africa 2024

The Africans & African Descendants Friendship Club of St Albert would like to invite the staff and students of Sister Alphonse Academy to our 5th Taste of Africa community event in St Albert on Saturday 24th February from 4pm to 6pm. Taste of Africa is an evening of music, dance, poetry, food and lots more in the Arden Theatre.

Please see link to purchase tickets and find attached flyer for your use.

<https://tickets.stalbert.ca/TheatreManager/1/tmEvent/tmEvent358.html>

Kindly share the above information with your staff and students. We will be happy to come share Black History Month information with your school. Feel free to reachout to us if you have further questions.

Warm regards,

Helen Agbonison

For: Africans & African Descendants Friendship Club of St Albert
Cell: 780-850-0978



The flyer for the 'Taste of Africa' event is vibrant and colorful, featuring a collage of African people in traditional and modern attire. The title 'TASTE OF AFRICA' is prominently displayed in large, stylized letters with African patterns. A banner below the title reads 'CELEBRATING BLACK HISTORY MONTH'. The event details are listed on the left: 'DANCE', 'STORYTELLING', 'POETRY', 'DRUMMING', 'FASHION PARADE', and '+ MORE'. A box indicates 'DOOR OPENS 3:30pm' and 'SHOW TIME 4pm - 6pm'. The date 'FEBRUARY 24TH, 2024' is at the bottom, along with the location 'Arden Theatre, 5 St. Anne Street, St Albert T8N3Z9'. Sponsors are listed at the bottom, including the Government of Canada, the City of St. Albert, and the Canadian Race Relations Foundation.

AAD FC
Africans & African Descendants Friendship Club of St Albert

TASTE OF AFRICA
CELEBRATING BLACK HISTORY MONTH

DANCE
STORYTELLING
POETRY
DRUMMING
FASHION PARADE
+ MORE

DOOR OPENS 3:30pm
SHOW TIME 4pm - 6pm

FEBRUARY 24TH, 2024
Arden Theatre, 5 St. Anne Street, St Albert T8N3Z9

Sponsors:
Funded by the Government of Canada
Canada
City of St. Albert
Canadian Race Relations Foundation
Fondation canadienne des relations raciales

Enquiries: 780 233 7415 Email: info@aadfc.ca Tickets on: tickets.stalbert.ca

Operation “Cold Start”

Your local RCMP are focusing their patrols on vehicles running with their keys inside this week for “Operation Cold Start” to help keep our school community safe, and preventing vehicles from being stolen in this cold weather. Please feel free to share far and wide!

Any questions, feel free to contact myself or your School Resource Officer.

Cpl. M. KYLE
Community Policing Supervisor
RCMP - St. Albert Detachment
Office: 780-458-4305
Cell: 780-362-2298



AUTO THEFT PREVENTION

NEVER LEAVE A VEHICLE RUNNING & UNATTENDED

INSTALL A
**REMOTE
STARTER**

OR

**STAY WITH
YOUR RUNNING
VEHICLE**

**DON'T LEAVE
KIDS OR PETS
IN A VEHICLE**

REPORT SUSPICIOUS ACTIVITY IMMEDIATELY
BY CALLING 780-458-4300

Auto thefts are crimes of opportunity. Do your part to keep your vehicle safe.



ERLC Sessions for Parents

The Edmonton Regional Learning Consortium offers courses for Parents, including:

- Resolve to Improve Communication in your Family
- Navigating Challenges Together: Positive Behaviour Strategies
- Social Emotional Learning for Elementary
- Social Emotional Learning Grades 7-12
- Where did my calm go?
- Do you feel lucky to be your child's parent?
- The four seasons of wellness
- Approaching may mindfully
- When things don't go as planned

[Click here to learn more and register.](#)

Parent Presentation

Date: Feb. 6th

Time: 6 - 8PM

Place: SAA

Title: Cyber World:
What Happens
When Youth Press
Send



IMPORTANT UPCOMING DATES

January 17th: Healthy Hunger (BP's) School Council 6:30PM

January 18th: Kindergarten Expo (New Families for the 2024-2025 school year, 6:30 - 8:30PM at St. Albert High School)

January 18th: School Spirit Day

January 22nd - 24th: SAA Catholic Program Review

January 25th: School Spirit Day

January 26th: No Kindergarten Classes

January 31st: PD Day (No School for Students)

February 1st: School Spirit Day

February 6th: Parent Presentation Cyberworld (6-8PM at SAA)

February 7th: K-6 Rabbit Hill Skiing, Jr. High Marmot Skiing

February 8th & 9th: Teacher's Convention (No School)

February 8th: School Spirit Day

February 13th: Shrove Tuesday

February 14th: Ash Wednesday

February 14th: Healthy Hunger (DQ)

February 15th: School Spirit Day

February 15th: Open House (6 - 7:30PM)

February 16th: School PD Day (No School for Students)

February 19th: No School (Family Day)

February 21st: Hockey Hooky (Grades 1-4)

February 21st: School Council (6:30PM)

February 21st: Healthy Hunger (BP's)

January Hot Lunch

SISTER ALPHONSE ACADEMY

JAN. 10TH - 

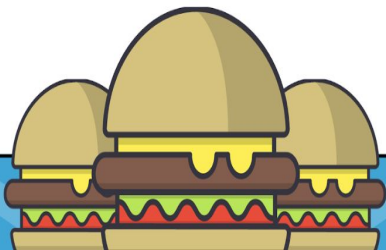
JAN. 17TH - 

JAN. 24TH - 

JAN. 31ST - NO SCHOOL

www.healthyhunger.ca

PLEASE PLACE YOUR ORDER BY THE
FRIDAY PRIOR TO THE HOT LUNCH



Healthy Hunger

Healthy Hunger is set up for the next 2 months, with some exciting new menu options!

*****Please note the following changes:*****

Feb. 7th - students will be on a ski trip, so this hot lunch has been removed. Any parents that have already placed an order = your orders have been moved to our next Subway date - April 10th. (No need to do anything.)

Feb. 14th - enjoy a sweet treat on Valentine's Day!

Feb. 21st - Gr. 1-4 students are away on a Field trip. Parents, with students in those grades = please cancel their orders, as they are away for the full day. Healthy Hunger gives you 2 options when cancelling - to get a refund to the original payment method or to have a credit on your account (the credit gets applied directly the next time you order). Cancelling an order is much easier to do on a desktop.

*****NEW***** Just ADDED!

Feb. 28th - KFC

As always, please make sure to place your orders by the Friday prior to the Hot Lunch (and/or make any necessary changes by that time.) www.healthyhunger.ca

February Hot Lunch

SISTER ALPHONSE ACADEMY

***FEB. 7TH - (SUBWAY -
MOVED TO APRIL 10TH)**

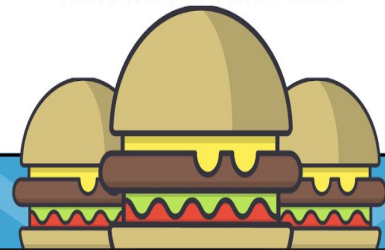
FEB. 14TH - 

***FEB. 21ST - **

FEB. 28TH - 

www.healthyhunger.ca

PLEASE PLACE YOUR ORDER BY THE
FRIDAY PRIOR TO THE HOT LUNCH



Parking

Just a reminder to everyone that the bus lane is now off limits to families. As it stands now we will only have school and REC buses as well as daycare vans accessing that area. Due to traffic congestion in that area as well as safety concerns, a change was needed to make sure we alleviated the strain on that area. We will of course continue to explore options around parking, but in the meantime we will be reverting back to our old parking setup that we had at the beginning of the year.

One of the biggest ways our families could help move traffic along is by not sitting in dropoff/pickup zones for too long. If it could be a quick drop off in the morning and a quick pick up at the end of the day, that would make more room for other people looking to drop off and pick up their kids as well.

Thank you all for your support and patience with this. This is our new reality as our school continues to grow, so we really do appreciate everyone's understanding.



FROCK BOX

Sponsorship Thank You!



TOT SPOT ACADEMY

4-WAY

ELECTRICAL • BUCKET TRUCK • INSPECTIONS



Call/Text: (780) 271 - 2664

Website: www.realestateexperience.ca



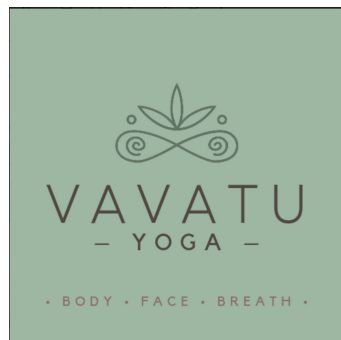
Palisades
DQ Grill & Chill
12708 140th Ave

Namoo
DQ Grill & Chill
15837 97th St

Newcastle
DQ Grill & Chill
127th St & 170th Ave



SARASOTA
HOMES + REALTY



Stay Connected

<https://www.saa.gsacrd.ab.ca/> (Sister Alphonse Academy)

<https://www.gsacrd.ab.ca/> (GSACRD)

Don't forget to look for us on Facebook and Instagram!

Also, please join our SAA Parent Facebook Page.

<https://m.facebook.com/groups/1024072471126540/?ref=share&mibextid=S66gvF>

