



## From the Principal's Desk...

Welcome back everyone to the 2023-2024 school year at Sister Alphonse Academy. We are excited to get back to work and see our students and families very soon. If you are new to SAA, welcome to our wonderful school, we are so happy to have you with us. If you are an existing family, welcome back to another year of faith, fun and learning.

As we make our our way to the beginning of the school year, please see a list of things that families should know about SAA. Have a great weekend everyone, we will see you at the BBQ on Monday! God Bless.

## Week At a Glance:

**August 28th:** Welcome Back BBQ  
(4:30-6:30PM)

**August 29th:** Staggered Entry  
(K-6 Last name A - L, Grade 7 & 8 Only)

**August 30th:** Staggered Entry  
(K-6 Last Name M - Z, Grade 9 Only)

**August 31st:** First day with all students (K-9)

**August 31st:** Spirit Day (Knights Wear)

**September 1st:** Second Day for ALL students  
(K-9)

**September 4th** - No school

## Prayer To Start The Year

**In the name of the Father, and of the Son and of the Holy Spirit, Amen.**

***As we begin this school year, O Lord, may we make the right choices so we will learn better. May we listen to the voice of the Holy Spirit, which is a powerful guide in all the decisions we make. We ask this through Jesus, our Lord & Saviour. Amen***

**In the name of the Father, and of the Son and of the Holy Spirit, Amen.**

# Sacrament Information

[First Reconciliation/Eucharist Letter \(St. Albert Parish\)](#)

[Confirmation Letter \(St. Albert Parish\)](#)

<https://holyfamily.caedm.ca/>

# Volunteering

[Letter for Criminal Record Check](#)

[Letter For Criminal Record Check With Vulnerable Record Check](#)

[GSACRD Declaration Form For Volunteers](#)

[GSACRD Volunteer Registration Form](#)

**Child Welfare Check:**

How to get the form

To request a Child Intervention Record Check application form, you must email your regional office (emails listed below) and ask for the form to be sent to you.

Edmonton region

Email: [cs.ircedmonton@gov.ab.ca](mailto:cs.ircedmonton@gov.ab.ca)

# Bell Schedule

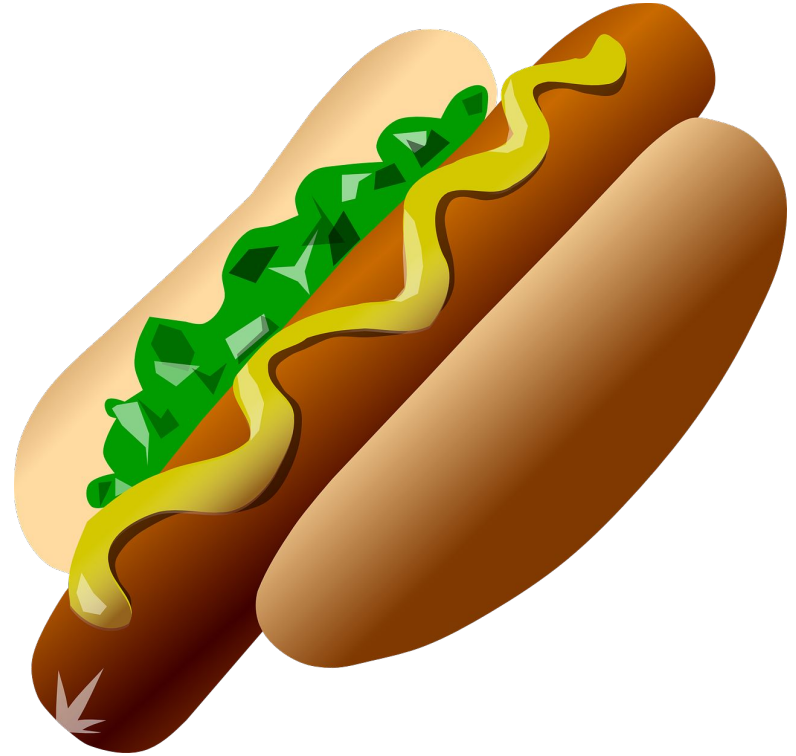
Please see the attached bell schedule for the 2023-2024 school year.

For the AM Kindergarten Program, please note that dismissal is at 11:07 AM

TIMES	
8:15 - 8:20	Entry
8:20 - 8:25	Announcements
8:25 - 9:05	Block 1
9:05 - 9:45	Block 2
9:45 - 10:25	Block 3
10:25 - 10:42	Recess
10:42 - 10:45	Warning Bell
10:45 - 11:25	Block 4
11:25 - 12:05	Block 5
12:05 - 12:30	Recess
12:30 - 12:52	Lunch
12:52 - 12:55	Warning Bell
12:55 - 1:35	Block 6
1:35 - 2:15	Block 7
2:15 - 2:55	Block 8
2:55 - 2:58	Clean up and Dismissal

## Welcome Back Event

- **August 28th**
- **4:30-6:30 PM**
- **Simple Meet and Mingle**
- **Drop off School supplies**
- **Meet staff**
- **Grab a hotdog**
- **Take a tour of the school**



# School Apparel

## Items available at school to purchase:

T-Shirts: \$10.00

Water Bottles: \$5.00

Cinch Bags: \$5.00

Baseball Hats: \$10.00

Winter Toques: \$15.00

**CASH ONLY**



## Online Store Ordering:

<https://sisteralphonseacademyfall2023.itemorder.com/shop/sale/>

-Closes September 27th

-4-5 week turnaround

-Items sent to the school for pickup

## SAA Nutrition Program

**For those families new to the school, we wanted to let you know that SAA has a nutrition program available to all students. Each day a piece of fruit, or a vegetable, or a yogurt, etc. will be available to those students who want it. This program is free of charge to families. Students will be able to access nutrition program items at the snack shack at recess and lunch times.**





## Entrances For Students

### Entry to the Building

All students are to enter and exit through assigned entrances.

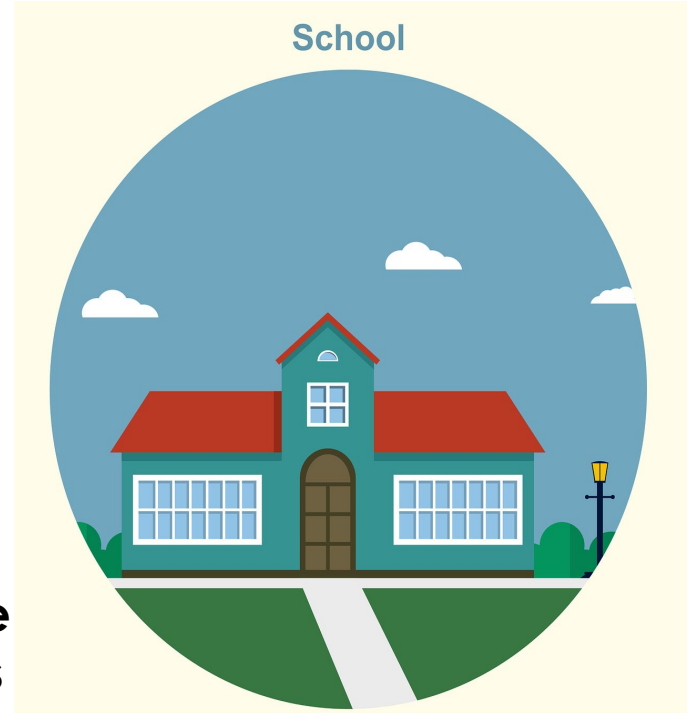
Main Entrance – Kindergarten

East Entrance – 1, 1/2, 2, 3,

South Entrance (Back Field)- 3/4, 4, 5

West Entrance - 6, 7, 8, 9

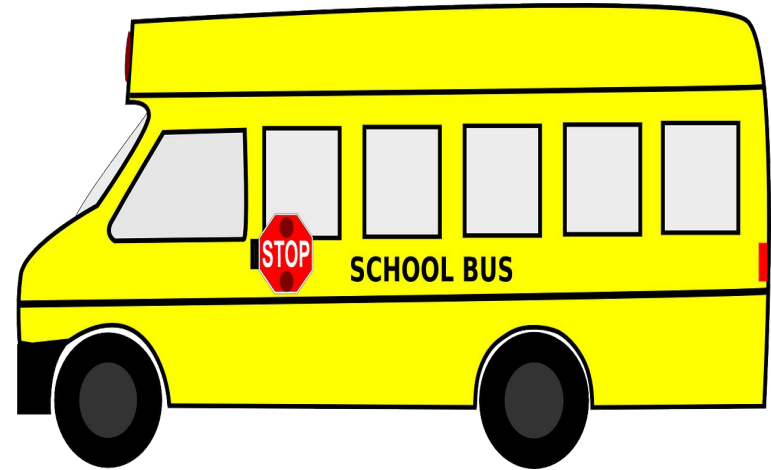
**\*Other than the main doors, entrances are marked on the glass above the entrances with the appropriate grades**



# Parking

**Bus Lane:** Just a reminder that our bus loop will be for school busses, REC busses and daycare vans only. With the amount of traffic at the start and the end of the day, it is important to keep these areas as uncongested as possible to keep everyone safe. Please utilize parking out on the main street to ensure student transport vehicles have access to the bus lane.

**SIGIS Parking:** For those families utilizing SIGIS, please use the main street for parking as well. This area will be used for staff parking. There is a small window of 7-8AM that parents can access that SIGIS area before busses start rolling in. After that however all non staff vehicles need to be out of that area.



## Air Quality/Temperature

**New This Year:** The new cutoff for sending students outside during cold days will be -25 with the wind chill. Please make sure students come to school in the proper attire to be able to go outside in these temperatures.

**Air Quality:** The cut off for air quality for students to go outside is 8 on the index. That said, please know that students with asthma, medical conditions or issues with breathing can remain inside during those days when the air quality is poor.



# SAA School Council



**\*First School Council  
Meeting on September  
13th**

**\*6:30 PM**

**\*SAA Foods Lab**

**\*Elections for positions**

**\*Excellent way to get  
involved with the school**

## Spirit Days - Knights Wear

Every Thursday will be Spirit Days where students and staff wear their Knights apparel to show our school spirit. Please remember that that we will have some t-shirts available for purchase at the welcome back BBQ. We will also be doing our fall clothing order so families can purchase additional items if they want.

If you do not have any SAA apparel and are not wanting to purchase anything, please feel free to wear blue if you want to participate in the day.

**GO KNIGHTS!!!!**



# GSACRD Transportation Message

**All GSACRD buses are yellow buses and are never on City Transit buses.**

**GSACRD routes are identified by a 2 digit number with an A at the end ( 2A, 13A, 35A etc.)**

**All St. Albert Public Schools buses are 3 digit numbers like 112, 114 etc.)**

# Grade 6 & 9 Immunizations

Thursday, October 19<sup>th</sup> 2023 Grade 6

Wednesday, January 10<sup>th</sup> 2024 Grade 9

Thursday, April 25<sup>th</sup> 2024 Grade 6



# Friends of SAA

It is with great pleasure that we announce our newly elected Friends of SAA Team!

**Chair** - Marianne Schiedel

**Vice Chair** - Ashley Carducci

**Secretary** - Lesley Oleksiw

**Treasurer** - Justin Kinal

**Member at Large** - Lyndsy Panizzon

This is a group of individuals who volunteer their time to organize Fundraising Events, Hot Lunches, and help to distribute funds to much needed equipment and school wide events throughout the year (aka Turkey Dinner, Shrove Tuesday Pancake Breakfast, Fit Set Ninja, Year End BBQ).

## Exciting NEWS!!!

This year we will be running WEEKLY Hot Lunches!!! We expect this to be up and running by Sept. 1st with the first lunch on Wed. Sept. 13th. **Hot Lunches can be ordered through [www.healthyhunger.ca](http://www.healthyhunger.ca); and must be placed by the Friday prior to the Hot Lunch.**

## Volunteers Needed:

A sign-up sheet will be available at the Open House Monday. Many hands make light work. If you are interested in helping out with hot lunches, a Fundraiser or one of the Events we would greatly appreciate your support.

Sincerely,  
Friends of SAA

**Thank you Marianne Schiedel for calling all the restaurants and setting this up for us. It is greatly appreciated!**





## SNACK SHACK IS NOW OPEN!

On Tuesday September 5th, Snack Shack will officially open for students to purchase items. Until we can get Snack Shack cards and fees uploaded, we can only do cash sales. If you have a snack shack card from last year, those are still good to use.

Please note that we also do special food specials intermittently throughout the year. We will let our families know when those come up. Prices range from \$2-\$3

### Items Available:

Gatorade  
Water  
Bubly  
Muffins  
Cookies  
Small Chips/Pringles  
Hot Rods  
Pizza Pops (2)  
Rice Krispie Squares  
Welch's Fruit Snacks  
Chocolate Milk  
Cup of Noodles

### Price:

\$2.00  
\$1.00  
\$1.00  
\$2.00  
\$1.00  
\$1.00  
\$1.00  
\$2.00  
\$0.50  
\$0.50  
\$1.50  
\$2.00



# Stay Connected

<https://www.saa.gsacrd.ab.ca/> (Sister Alphonse Academy)

<https://www.gsacrd.ab.ca/> (GSACRD)

<http://www.stalbertparish.com/> (St. Albert Parish)

<https://twitter.com/KnightsCommons> (SAA Learning Commons)

**Don't forget to look for us on Facebook and Instagram!**