

SAA Bulletin #32 - May 8/20

Take a look at some of the learning and activities that took place in the virtual school this past week!



SERVE - ACHIEVE - ASPIRE

May The FORCE be with you! May 4th had many celebrating, reenacting and watching STAR WARS!



















To celebrate all their hard work and reaching their goal, students in 2/3 had FRIENDLY GOOGLE MEETS instead of a class party last Friday! Brothers, sisters, pets and toys joined in the fun!







This week kinder wrapped up a STEM activity around chicken life cycles and the strength of an egg. This turned out to be a fabulous family activity!















Students in 2/3 have published the first of many editions of their new class newspaper called, "THE BRAVE KNIGHTS." Check it out using the link below!

THE BRAVE KNIGHTS

School News - Take a look at what's coming up next week! May 11 - May 15

Monday(11)	Look for Mr. Lamer's Weekly Announcements May 11 - 15 SAA Clothing Store Now Opens - Clothing Store Link
Tuesday (12)	SAA Virtual Theme Day - FAVORITE HAT DAY

Wednesday (13)	
Thursday (14)	SAA Spirit Wear and/or blue and green on this day- Send us a picture in your gear.
Friday (15)	Staff Meeting PD Day - No Online Classes K-8

Our School Goals

We have two primary school goals at SAA:

Our Learning Goal - TO PROVIDE MULTIPLE PATHWAYS TO DEEP LEARNING

- Fostering authentic relationships and connections with students and parents
- Differentiating instructional practices
- Learning Attribute Planning
- Leveraging Technology

Our Faith Goal - TO BUILD A CULTURE OF FAITH AND SERVICE WHERE EVERY CHILD AND FAMILY FEEL WELCOMED

- Continue to build and expand connections with parish, CSS and D&P
- Staff will build capacity to know, model and witness Jesus Christ and share this with students
- Continue to ensure that our faith is prominent within our school
- Develop further awareness of connections between our faith and spiritual beliefs/practices of Indigenous brothers and sisters

Greetings

We hope Bulletin #32 reaches you and your family safe and well.

New Principal for SAA

A couple of months ago Mr. Lamer announced that he would be retiring at the end of 2019/20 school year. Late last week GSACRD announced that they had appointed Mrs. Christine Samson as the new Principal of SAA beginning the 2020/21 school year. Mrs. Samson is currently the Vice Principal at Vital Grandin Catholic School. Mrs. Samson and Mrs. Kleparchuk will form the new administrative team at Sister Alphonse Academy. Transition planning has started.

Greetings from Mrs. Samson

Greetings to all Sister Alphonse Academy students, families, and staff! I am blessed and honoured to be able to serve you in the capacity of Principal in the 2020/2021 school year. I am excited to be joining a community that has such a rich faith tradition and legacy that is founded upon the values of Sister Alphonse and the Sisters of Charity (of Montreal). As a Catholic educator with twenty six years of service with the Greater St. Albert Catholic School Division, I have enjoyed teaching students at a variety of grade levels and subject matters. Over the years I have held various leadership roles including the Career and Technology Studies Department Head at St. Albert Catholic High School, and most recently the Vice Principal and Chaplain position at Vital Grandin Catholic Elementary School. My family and I have lived in the St. Albert community for over twenty years and I am an active member of Holy Family Parish. As Principal I will endeavour to continue to work with staff to achieve the high standard of excellent leadership that Principal Lamer has provided to the Sister Alphonse Academy since its opening. I would also like to take this opportunity to wish him congratulations on his upcoming retirement. Moving forward together I know we may continue to "Serve, Achieve, and Aspire." I am looking forward to meeting all of you in the fall! Thank you and God bless.

Happy Mother's Day - May 10

We would like to take this opportunity to wish all the mom's from SAA a very Happy Mother's Day! Mother's Day has been celebrated for centuries but it became an official celebratory holiday in 1914. Part of this was to honor moms for their sacrifices made during the great war. We are certain that in these challenging times mom's everywhere are making great sacrifices for their families and a key factor in helping us get through these times. Here's to all the mom's out there, enjoy your day!



Mental Health Resources - COVID 19

Are you looking for Mental Health Resources that will help you with anxiety and worry around COVID 19. Are you looking for ideas and support on how to talk with children about this. Click on the links below for support in regards to these topics.

Mental Health Resources for K-6

Mental Health Resources 7-12

Google Resources for Parents

Click on the <u>link</u> to access some resources for online learning including a video tutorial on how parents can access a Google Classroom and a Google Meet. (video conference).

Read & Write for Google Chrome

Learn how to use Read & Write for Google Chrome to support reading and writing

- Read and Write for Google Chrome is a Chrome Application that supports students with reading and writing. Our Division pays for the subscription for Read & Write for Google Chrome.
- When your child is signed into Google Chrome from his or her account, he or she has access to this tool.
- Click on the <u>Chrome Read and Write link</u> for more

Online Learnina Considerations

The reality of online learning is that it is, "online" and so our kids are spending much more time in front of a screen. Parents are encouraged to ensure that during time away from school the phones and tablets are put away, especially for our younger children. Make time for board games, cards, charades, chess/checkers and print books. Biking and walking are great active activities. Experts say that when we move and get our heart rate up, it has a positive impact on how we think. When we move and groove, our problem-solving, memory, and attention improve. Physical activity is a natural way to reduce stress and prevent anxiety.



Reaistration Update

We still have a handful of families that have not completed the registration process for the 2020/21 school year. It is critical for planning purposes that families register their children for the 20/21 school year at SAA or let us know that you will not be returning. We do know that during these uncertain times families may not be certain at this time where they will be in the fall. We understand this. It is perfectly fine to register your children and then let us know if your plans change and your children will not be with us in the coming months. Please email Mrs. Despins if you are having any difficulty with the online registration process.

SAA Clothing Store Is Now Open

We had very positive feedback from parents throughout the school year with styles and quality of clothing that was provided by Sportfactor during this 19/20 school year. We have entered into an arrangement with Sportfactor for the 20/21 school year. Please be advised that our SAA Clothing Store operated by Sportfactor is now OPEN to June 16 for clothing orders that would be delivered to the school in the last week of August 2020. We have added a few items and made some minor tweaks to clothing styles and logos. Be sure to check our website for more information. Click on The SAA Clothing Store Link to check out clothing options and to place an order for the start of next school year.



<u>Plant a Flower or Veaetable</u>

There are all kinds of great learning opportunities and questions that can be discussed by digging or planting in the garden! This spring have your child plant a couple of flowers or vegetables in a pot or spot in the yard. Waiting for pictures and giving us updates on the growing and reporting on things they are observing. Send your pictures to Mr. Lamer at glamer@gsacrd.ab.ca.



Thanks to the Current Sponsors of our SAA Field Trip Fund







Knights Virtual "Show your Spirit" Theme Days - FAVORITE HAT DAY On Tuesday we encourage all Knights to put on their favorite hat and wear it all day. Send us your pictures!



2020/21 School Supplies



School Supply Lists will be posted on our website near the end of May. Once again we have decided to offer parents the opportunity to order supplies through Staples School Tools program. This popular program will have a few important changes that will provide parents with even more flexibility. Coming in Mid June you will be able to go online and order your school supplies for the 2020-2021 school year and have the items delivered directly to your home!

SAA is working with Staples to put together the online ordering. Once you sign into Staples you will be given the basic supply list and you will be able to order or change items that you might already have from previous years. With a minimum order of \$25 you will receive a 5% discount and if you order more than \$50 you will receive a 10% discount (not including taxes or electronics). **Stay tuned for more information.**

School Council News

In the fall, our School Council formed a Staff Appreciation Committee. Even though we are all living through a very trying time, we would like to make sure that we do not forget about recognizing our brilliant Staff. Especially with all they do and have done for us this school year, during this challenging phase. An email communication was sent out on Wednesday, May 6 that has all the details regarding plans to recognize our staff. We hope that you will provide the information we requested by Monday, May 11. Thank you for your support! If you have any questions you can send them to saastaffappreciation@outlook.com.

Our next School Council Meeting is on Wednesday, May 20. As we did in April, we shall have an **Online School Council Meeting using Google Meet** You do not need to have a Google Account to participate. If you would like to participate in our Online School Council Meeting you need to send Mr. Lamer an email - glamer@gsacrd.ab.ca. A confirmation of your RSVP will be sent out to you prior to the meeting. All you need is a laptop/tablet or desktop computer with a camera and microphone to participate. Approximately 30 minutes prior to the start of the meeting an invite link will be sent to your email account so that you can join the meeting.

ASCA Needs Your Feedback on School Re-Entry Plannina

We encourage parents of Sister Alphonse Academy to provide input to ASCA. ASCA, the Alberta School Council Association has been working with the Education Ministry on school re-entry planning for K-12 students in the 2020-21 school year. Points in consideration for three possible scenarios to ensure the health and safety of students and staff remain a priority requires input from the education community. ASCA needs to hear from parents on member school councils in regard to school re-entry planning, elements for consideration and/or areas of concern in local school communities.

Feedback must be submitted by 12 midnight on May 14, 2020. Click on the ASCA Survey link to access the survey.

St. Albert Parish News

Dear Parishioners!

Today we celebrate the 4th Sunday of Easter which offers us the image of Jesus as the Good Shepherd., who knows his sheep: He calls them, He feeds them and He guides them. Jesus reveals to us a God who is Father, who created each of us out of love. This Heavenly Father knows us intimately and provides for all our needs. Jesus assures us that whatever we ask for, He will do for us. In the parable of the Prodigal Son, we learn that, no matter how far we may have strayed; our Heavenly Father will always welcome us and celebrate our return. In the parable of the lost sheep, Jesus teaches us that, when we are lost, God seeks us out so that He can return us to the safety of His fold. Rather than judge or condemn us, He sent His only Son to die for our sins. So great is His love for each of us that He spared no expense to save us.

So then, if we were to take advantage of the silence we are put into by our current situation and embrace it, what would we hear our Heavenly Father whispering to us? Jesus tells us in today's gospel. First, we would learn that God knows us. There is nothing we can hide from our Heavenly Father because He created us and can read our innermost thoughts and the deepest motivations of our heart. Even though He sees all our vulnerabilities and imperfections, He still loves us. When we pray, we do not have to be someone we are not. We do not have to stir up thoughts and emotions that we think would please God. Neither do we have to beat ourselves up to prove to Him that we know how bad we are. We simply have to present ourselves to Him, as we are, knowing that He accepts and loves us and that He calls us to a fuller and more abundant life. Second, we would hear God tell us that we are safe in His care. As Jesus tells us in today's gospel, He calls us by name. Consider this, the God who created the universe with all its wonders and who keeps all things in existence, knows you and cares about you. What could we possibly worry about then? As sons and daughters of our Heavenly Father, we can rest assured that all our needs will be provided for and that we will be protected from every danger. When we

experience times of want or distress, when we face challenges or anxieties or even when tragedies befall us, we can have the confidence that our Good Shepherd will see us through them. As we listen to our Heavenly Father reassure us that we are safe in

His hands, our hearts are filled with peace and serenity. Let us then, sisters and brothers, take a few moments every day to hear a gentle voice of our Good Shepherd. He will ease our burden of anxiety, restore peace to our souls and lift our spirits with a quiet joy that no one can take from us. The assurance that God knows, loves and protects us will help us to overcome our fears, self-doubts and worries. Hopefully, this will not only benefit us but inspire others by the quiet strength we gain from turning daily to our Heavenly Father. Hopefully they too will seek out silence and solitude themselves. Then our Good Shepherd can lead us from the din of anxiety and confusion to the restful waters of serenity and joy.

May God bless you.

Fr. Ignacy Warias, OMI

Living in the Word

Many different voices speak words to us daily. Consider the Internet, television, radio, books and magazines. We are putting those words into practice when we allow them to influence and shape our ways of thinking and living. Yet, there is only one voice that we know is fully worthy of our trust. That is the voice of Jesus, who is the only one who speaks the words of eternal life (cf. John 6:68).

(Archbishop Smith, Pastoral Letter, September 14, 2017)

Food Drive - May 9/20

St. Albert Parish together with the Oblate community will be hosting a Food drive on Saturday May 9th from 9:00 - 11:00 am. The food will be going to Sacred Heart Parish in Edmonton as well as Lac St. Anne to be shared with the Alexis community. We are looking for non perishable items. I know for the last couple of calls, we have received things such as toiletries, pet food and supplies and other household items. These were well received. We will have tables set up in order to facilitate physical distancing.

Weekly Mass Schedule

Daily Mass intentions are still being included in Masses during the COVID-19 Isolation period. Fr. Ignacy is offering Mass daily in solitude and will share the weekend Mass intentions with his fellow priests so please rest assured, the Mass intentions received by the Parish, will continue to be included as per schedule.

Televised Mass

Salt + Light TV has arranged with cable companies across Canada (Rogers, Bell, Telus, Shaw Direct, Videotron) to make their service available free of charge to all subscribers until 1 May 2020. This means that anyone who subscribes to cable TV will be able to access Salt + Light TV and therefore the Daily TV Mass and Sunday TV Mass produced by the National Catholic Broadcasting Council. Also, "La Messe du jour" that is produced and televised by Salt + Light TV six days a week from the crypt at Saint Joseph Oratory in Montreal will likewise be televised on Sundays now through arrangements with the Archdiocese of Montreal. Salt + Light TV is televising the daily Mass celebrated by Pope Francis from Casa Santa Marta. This airs every morning and will be televised in both English and French. The channel number on each cable company that carries Salt + Light TV can be found at https://saltandlighttv.org/subscribe. The Daily TV Mass is available on other faith-based television networks, and schedules can be found at https://saltandlighttvmass.com/about/broadcast-schedule.

Click on the SAP Parish Link to access the weekly bulletin for St. Albert Catholic Parish.

Holy Family Parish News

Dear Parishioners,

The pandemic restrictions and the uncertain economy have caused much stress and worry in many people and institutions. We have been challenged to exercise due caution and prudence in our daily lives. We do so, but without giving up hope. Our faith will sustain us for we are not alone. Our God journeys with us. Our revenues have decreased significantly and the pandemic is forcing us to enter into a process in which we must weigh what we as a parish can still afford now and in the future, and to what we must say farewell. Difficult decisions will have to be made. Using guidelines provided by the Archdiocese, some staff will be laid off but with full benefits and they will receive approximately 80 percent of their current salary. The length of the layoff is uncertain and depends on the duration of the pandemic.

While we cannot gather as a community to celebrate Mass and receive the Eucharist, I encourage you to take advantage of the many celebrations live streamed electronically and to take part in spiritual communion. The day will come when we will all be able to gather again as a community to give praise and thanks to our God and ask for his forgiveness. As many of the saints have said throughout the ages in time of peril - this, too, will pass.

I close with a prayer of Pope Francis:

Lord, may you bless the world, give health to our bodies and comfort our hearts. You ask us not to be afraid, yet our faith is weak and we are fearful. But you, Lord, will not leave us at the mercy of the storm. Tell us again: "Do not be afraid". And we, together with Peter, "cast all our anxieties unto you, for you to care about us." Holy Family of Nazareth pray for us.

Father Jozef

YOUTH MINISTRY

"Be who God meant you to be and you will set the world on fire." ~ St. Catherine of Siena

Who did God create you to be? How can you live your life for Christ in the midst of our current suffering? Turn to the saints. Turn to Holy Scripture. Turn to the promises that God made to those who follow Him. Things will not be easy for us, but the reward waiting for us is worth all of our earthly sufferings! Stay strong in your faith! Love God with all your heart, and set the world on fire!

As of Thursday, April 30th I will be laid off temporarily. Due to COVID-19, the Archdiocese of Edmonton is advising parishes to temporarily lay off some employees to save on costs. I do not know when I will be returning to ministry, but hopefully the wait isn't too long. I will miss everyone very much, and please know that I will be praying for you during this difficult time!

STAY SPIRITUALLY INVOLVED

In light of recent restrictions on our faith practices, here are some ideas or ways to continue your faith at home and while still respecting social distancing:

Praver:

Continue your prayer life, first thing in the morning, mealtimes and before bed. All are easy ways to incorporate more prayer into your daily life.

Confession:

Fr. Joe has agreed to hear confessions on Tuesdays and Wednesdays from 9:00 am until 12:00 pm (noon) and on Thursdays and Fridays from 6:00 until 9:00 pm.

Mass:

Although currently attending Mass in person is not available, we are all strongly encouraged to attend virtually.

The Archbishop will be live streaming Sunday Masses at: http://caedm.ca/

Bishop Baron will also be

live streaming Masses at: https://www.wordonfire.org/daily-mass/

Salt and Light has Masses at: https://saltandlighttv.org/mass/

EWTN has Masses at:

https://www.ewtn.com/tv/shows/sundav-mass-live

Click on the HF Parish Link to access the weekly bulletin for Holy Family Parish

A Prayer to Combat the Coronavirus Pandemic

Most Merciful and Triune God,

We come to You in our weakness.

We come to You in our fear.

We come to You with trust.

For You alone are our hope.

We place before You the virus present in our world.

We turn to You in our time of need.

Bring wisdom to doctors.

Give understanding to scientists.

Endow caregivers, first responders and those who ensure food have abundant strength and protection.

Bring healing to those who are ill.

Protect those who are most at risk.

Give comfort to those who have lost a loved one.

Welcome those who have died into Your Eternal Home.

Stabilize our communities.

Unite us in our compassion.

Remove all fear from our hearts.

Fill us with confidence in Your care.

Jesus, I trust in You.

Amen.

Keep the Faith! We will get through this.

