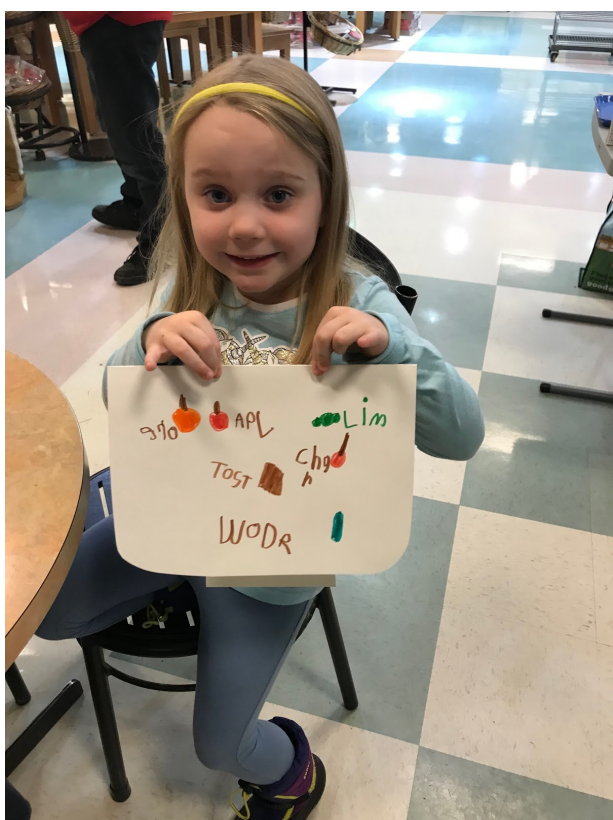


Kindergarten and Grade 1 students take a field trip to Sobeys to get a 'behind the scenes' tour of a grocery store. They also learned some healthy shopping tips from the nutritionists on-site. Students learn to take a closer look at the nutrition labels on their foods in order to make healthier choices.







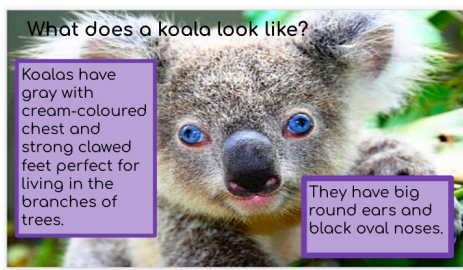
Kinder students learn how to turn a 2D dinosaur picture into their own 3D sculpture. They also strengthen their visual-motor and fine motor skills as they work together to build a 3D T-rex puzzle. These SAA Knights are not afraid to get a little messy with their paper mache sculptures!



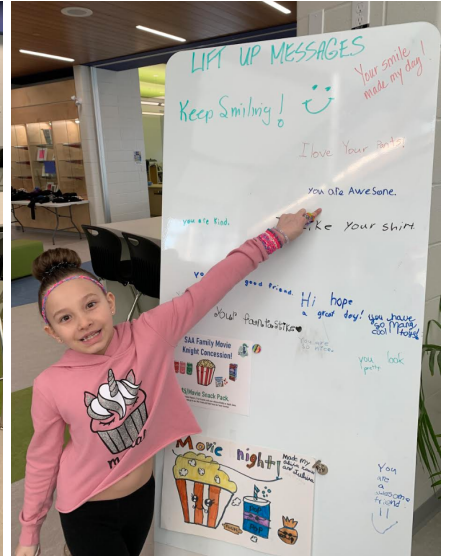
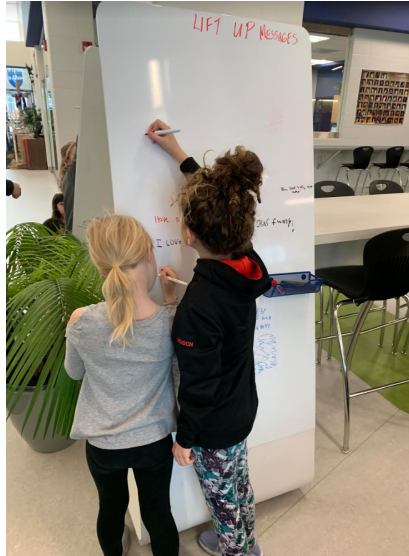
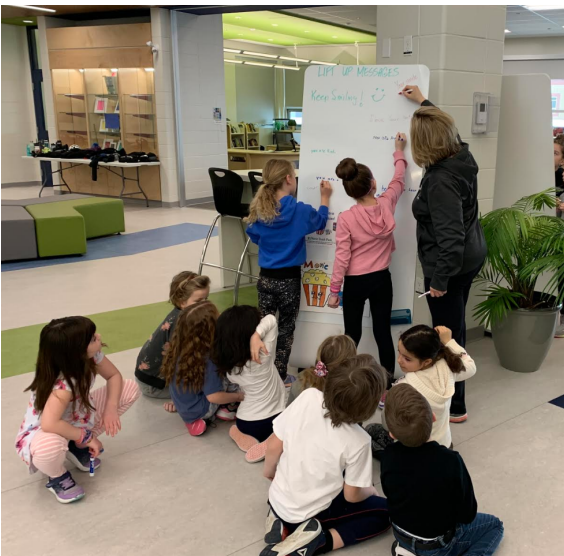




Students in 2/3 are deepening their research and digital literacy skills as they develop google slides in preparing for the opening of our one night only SAA ZOO at the open house on March 12th! We hope you'll come and check out the zoo!



Classes at SAA were encouraged to write messages to LIFT UP one another! Below is Gr. 3/4 writing their uplifting messages for everyone!



Grade 4 and 5 are exploring regions of Alberta and Canada. Here are some VanGogh-ish Starry Nights. Can you guess what part of Canada these Starry Nights are from?





## School News - Take a look at what's coming up next week! March 9 - 13

Monday(9)	Drop-in-Badminton - Jr. High - 3:10 to 4:00pm Last day to order DQ Hot Lunch for March 12 on School Cash Online
Tuesday (10)	
Wednesday (11)	
Thursday (12)	<i>Please have your child wear SAA Spirit Wear and/or blue and green on this day</i> <b>School Open House - Doors at 6:20 pm, Program begins @6:30 pm.</b> DQ Hot Lunch Day - No Snack Shack
Friday (13)	No School K-8 - Staff Meeting/PD DAY

### Our School Goals

We have two primary school goals at SAA:

#### **Our Learning Goal - TO PROVIDE MULTIPLE PATHWAYS TO DEEP LEARNING**

- Fostering authentic relationships and connections with students and parents
- Differentiating instructional practices
- Learning Attribute Planning
- Leveraging Technology

#### **Our Faith Goal - TO BUILD A CULTURE OF FAITH AND SERVICE WHERE EVERY CHILD AND FAMILY FEEL WELCOMED**

- Continue to build and expand connections with parish, CSS and D&P
- Staff will build capacity to know, model and witness Jesus Christ and share this with students
- Continue to ensure that our faith is prominent within our school
- Develop further awareness of connections between our faith and spiritual beliefs/practices of Indigenous brothers and sisters

### 2020/21 Gr. 1- 9 School Registration Is Now Open!

**Registration for SAA students in grade 1 to 9 opened on Thursday, Feb. 27.** You should have received an email that contained a **SNAP CODE** with information and links to complete the registration of your children online. **It would help us out immensely if you could complete this task prior to March 20/20. Having accurate numbers earlier facilitates planning for the 2020/21 school year in a more efficient manner.** If you did not receive an email with a Snap Code please call the school office and we will be happy to assist you. **Thanks to all our parents who have completed this important task!**

### Recreation Academy Registration for 2020/21 School Year

Students who are currently in Recreation Academy should have brought home a Recreation Academy Registration Form for next school year. If your child will be enrolling in Rec. Academy next school year we need you to return the registration form and the deposit(required for securing a spot)ASAP. Students who are in Gr. 3 will be provided with a Registration form



as well. If your child is not currently enrolled in Rec Academy this school year but you are interested for next school year please have them come to the office and we will provide them with a registration package. To find out more about the Recreation Academy program you can also visit our school during Open House and take in the Rec. Academy presentation. Open House is Thursday, March 12. **Please be advised that outside registration for new students to Sister Alphonse Academy has begun and we will begin to accept registrations for new students wishing to be in Rec. Academy.**

### **Weekly Specials Snack Shack**

The Snack Shack offers daily specials that allow students to try different hot lunch items on an occasional basis. Quite frequently we may only have limited quantities of items. The specials are being prepared in the Foods Kitchen and we are open to new suggestions. We are hoping to supply a salad item once a week. This week's Greek Salad was a huge hit! All proceeds from the Snack Shack go back into subsidizing activities for students. If you have any questions please contact Mrs. Kleparchuk or Mrs. Teixeira.

### **Next week's specials:**

Monday - Cheese Quesadillas \$1.50

Tuesday - Pancake Tuesday 3/\$1 (with berries)

Wednesday - Pasta Salad \$1.50

Thursday - Snack Shack Closed - DQ Hot Lunch - orders must be placed by Monday night (9th) at 10 pm



### **Nutrition Bites**

As part of our funding for the school nutrition program we are encouraged to also focus on the education of Healthy Eating. We have been sharing healthy eating tips in the classrooms and on the morning announcements. We also want to share these healthy eating and nutrition tips with our families as well.

### **Start Your Morning Right!**

Breakfast is an important meal to start the day. Eating breakfast helps your child to be more alert during the school day. In fact, kids who eat breakfast are more likely to do well in school and have a healthy body weight.

Prepare a balanced breakfast by including at least three of the four food groups from [Canada's Food Guide](#). Here are some easy and quick breakfast ideas:

- Whole grain English muffin with an apple and glass of milk
- Whole wheat toast with peanut butter and a banana
- Scrambled eggs, and cheese on a whole grain wrap
- Mixed cereal with milk – mix several high fibre cereals and add some fruit
- Oatmeal topped with walnuts and strawberries
- Smoothie made with fruit, yogurt and milk

If you run out of time in the morning, encourage your children to take breakfast on the go. Try to find a breakfast that works best for your family to start everyone's day off right.

For more breakfast ideas, please visit:

<http://www.albertahealthservices.ca/assets/info/nutrition/if-nfs-wake-up-to-breakfast.pdf>

### **School Open House - Thursday, March 12**

This Thursday evening we will welcome new families who are considering a move to SAA. This event will be from 6:30 pm to 8:00pm. Some of your children may be asked to come and be ambassadors or help with the events during the evening. Some parents may receive calls to volunteer during the night. Thanks for your help and support.




### **LENTEN ALMSGIVING and a fun PAINT NIGHT**

Does your child love to paint? Madison in our 2/3 class has invited her cousin who is a talented young artist to our school on **March 18th** to lead a PAINT NIGHT for students in grades 3-8. She will be guiding participants in painting a canvas with a sunset, barn building and windmill. Each participant will be given a canvas, paint brushes, paint and guidance as they complete their masterpiece. There is a cost to attending this event as proceeds will be donated to the Edmonton Humane Society as part of Madison's Lenten project to do some almsgiving. If your child is interested, please go to School Cash Online and pay the **\$35.00 entry fee** as soon as possible. Only the first 40 participants to have paid online will be accepted. A special thank you goes out to Madison and her family for organizing this exciting event for our students!

**SAA Paint Night for the Humane Society!**

RSVP  
March 14,  
2020



EDMONTON  
HUMANE  
SOCIETY  
for the Prevention of Cruelty to Animals

Each Elementary  
student must be  
accompanied by an  
adult.

*Location : Sister Alphonse Academy Rm. 1109  
Time : 6:00pm - 8:00pm  
Date : March 18, 2020 (Drinks and Snacks provided)  
Age : Gr.3 and Up (Maximum of 40 participants)  
Price : \$35.00 register and pay through School Cash Online  
Info : Please contact Mrs. Trenchard (natrenchard@gsacrd.ab.ca)*

### **Changes to Term 3 Dynamic and Complimentary Option Menu**

As you may or may not know we received some unfortunate news in mid February that our construction/woodworking teacher Mr. Dewald had suddenly become ill. We are happy to let you know that although his condition is serious he is recovering and getting better! However, he will not be able to teach the two construction/woodworking options in Term 3 beginning on March 31. We have spent a considerable amount of time working with our Human Resources Department looking for a suitable replacement. Unfortunately due to the unique schedule and skill set required we have not been successful in finding a suitable replacement.

We have decided to move forward and will be offering a different option in its place. While this is not ideal, and we would expect that there may be some students who are understandably disappointed, we feel that this is the best solution. Students in Junior High will now be offered an Art Option to replace the Construction class in Term 3. Art is something that a number of our Junior High students have expressed an interest in. At the 4-6 level we will be offering a Create it Through Art option. We are very pleased to welcome Miss Jamie Lee Oliva to teach these classes. Jamie is a former GSACRD student who graduated in 2018 with a Bachelor of Education Degree Elementary Generalist with a minor in Music. She has been subbing in our District and has subbed at SAA on a number of occasions. She describes herself as passionate about art. Jamie has had some of her work displayed in the St. Albert Art Gallery and received an award for the highest achieving art student in her High School. Miss Oliva is extremely excited to be joining us and teaching a subject that she is passionate about and we are excited to have her join us at SAA!

**Art 7/8** - In this course students will be challenged to be creative in a number of mediums including, acrylic painting, watercolor, clay sculpting, wood burning and drawing.

**Create It Through Art 4-6** - In this course students will have the opportunity to work with diverse materials to create and sculpt unique pieces of art. The primary mediums will be clay, model magic, acrylic and papier-mâché.

### **SAA Parent Satisfaction Survey**

**We would like to thank those parents who have completed the survey!** Please consider spending five minutes to complete our Parent- SAA School Satisfaction Survey. You can complete it by clicking on the [Satisfaction Survey Link](#) or scan the **QR Code** to the right to complete the survey. **The survey will remain open until the end of the day on Friday, March 13.**

### **Thought Exchange**

We are looking forward to another successful year of learning what our community's response is to **two questions** in ThoughtExchange:

- How does your school provide feedback on student learning between report cards and tests, and what could your school do differently?
- How does your school support students to develop as leaders inside and outside of the school to know and be like Jesus Christ?

Our Division sent the [Thought Exchange link](#) out to families on **February 24, 2020**. Feedback must be received by March 20. Thank you for taking the time to do this.





### **SAA Carnaval**

On the afternoon of Thursday March 19, we will be celebrating Carnaval, a French Canadian winter festival. Typically, it is celebrated before the first day of spring and people enjoy being outside and taking part in activities that will keep them warm. All students will get the chance to be outside, eat "la tire" (sugar taffy) and take part in various activities such as hockey, colouring, and a three-legged race. Please dress according to the weather. We are excited to have this new opportunity at SAA! Thanks to our Grade 4-6 students who are helping to plan this event as part of their French class.



### **Mark Your Calendars - Important Dates Coming Soon!**

March 16 - Winter Carnival(pm) Weather permitting  
March 18 - School Council Mtg.@6:30 pm and PAINT NIGHT @6:00pm

**March 20 - No School K-8 PTI Lieu Day**

**March 21 - 29 - School Closed SPRING BREAK**

March 30 - April 3 - Gr. 4 and 5 to Green School

March 30 - Classes resume K-8

March 30 - K and Gr. 1 Swimming AM

March 30 - Subway Hot Lunch

March 31 - Term 3 Options begin(Gr. 4-8)

April 1 - Reconciliation

April 3 - Bunny Picture Day

April 6 - K/1 Swimming

April 7 - Jump Rope for Heart Kickoff

April 10 - No School Good Friday

April 13 - No School - Easter Monday

April 15 - School Council Mtg@6:30 pm

April 16 - Easter Lunch

April 17 - Resurrection Mass at SAP@9:45 am (students bussed to SAP)

April 17 - Spring Fling Family Dance

April 20 - K/1 Swimming

April 24 - No Kindergarten

April 24 - Early Dismissal@11:45 am.

April 27 - May 1 - Education Week

April 30 - Boston Pizza Lunch

To check dates well in advance click on our [SAA School Web Calendar](#).

### **Bunny Pictures**

Last year we were very fortunate to be able to bring in some real live bunnies close to Easter and provide each family with a picture of their child holding or sitting beside a bunny. Our School Council is sponsoring this popular activity again which will occur on Friday, April 3. SAA will cover the cost of the bunny rental through our student activity fee. Parents will be charged a fee of \$2 per picture or \$5 for a family. Payment can be made in [School Cash Online](#).

### **Sponsorship Opportunities**

One of our goals at Sister Alphonse Academy is to provide authentic learning opportunities for our students which we believe can lead to Deep Learning and Conceptual Understanding. Greater St. Albert Roman Catholic Separate School District No. 734 believes that the formation of educational partnerships or sponsorships from individuals, businesses, or community partners provides an opportunity for educators to work collaboratively with the community in an effort to support learning and growth opportunities for students in the District. Thus principals may work with partners or sponsors with the intention of assisting students with ongoing activities and/or events while ensuring that the primary goal for the partner or sponsor is to provide valuable resources.

Our school is looking for individuals, businesses, or community partners that would be willing to assist/sponsor some of the costs associated with providing our students with these incredible learning opportunities that are usually a week long and are more costly. These costs could include transportation and or registration costs. Our District Administrative Procedures allow for some public recognition of sponsors via newsletters, banners, etc. If we have individuals, businesses or community partners that would like to discuss this opportunity please call Mr. Lamer at SAA at your earliest convenience.

**Thanks to the Current Sponsors of our SAA Field Trip Fund**







### Thank you to Hunters Music

Sister Alphonse Academy would like to thank Hunters Music in St. Albert for their generous donation of a guitar to our music program. <https://huntersmusic.ca/>



### GRACE - Grateful Advocates for Catholic Education

Catholic schools are a publicly funded, vibrant part of the public education system in Alberta. Catholic schools provide an environment for their students which encourages not only high academic achievement, but also personal and communal growth. Catholic education has held a longstanding distinct role in Alberta's public education system. This role existed prior to the creation of the province and then was further solidified constitutionally with the *Alberta Act*, 1905. Catholic education is still celebrated and continually strengthened today through Alberta's publicly funded system. A commitment to the ethics of social justice dwells not only within the walls of the school, but also within the community. This contributes to the wellbeing of our larger communities. Catholic schools celebrate this nurturing and know that it makes Catholic education something special. Based on 59 researchers and analysts working in 35 societies across the world Catholic education success is attributed to the focused mission, high expectations and inclusion of all students, safe environment, principal leadership, high level of parental involvement, and dedicated staff. (Grace & O'Keefe, 2007)



### School Council

We are hopeful that many families will join us for our Family Movie Night this evening. Don't forget about the **Bunny Picture Day - April 3**. Order a picture for your child online through School Cash. We welcome all parents to our next SAA Council Meeting on Wednesday, March 18 beginning at 6:30 pm.

### Friends of Sister Alphonse Academy Society

#### **Who Are We?**

Friends of Sister Alphonse Academy Society was formed in 2019 to fundraise and support the initiatives and activities of Sister Alphonse Academy that are not provided for in the school's allocated budget. We value parent and school staff feedback to determine the direction of our fundraising efforts and to identify areas where funds raised can benefit the students and the school community.

For 2019-20, the Friends of Sister Alphonse Academy Society Executive includes:

- Kirsten Miller – Chair
- Kristi Rouse – Treasurer
- Jillian Bourgeois – Secretary
- Karla Bergstrom – Ex-Officio



### What do we do?

Friends of SAA will engage in fundraising events throughout the year to provide for initiatives identified by school staff and the school community.

### Current activities:

- Family Movie Knight (Admission by Donation and Concession)
- [Easter Fundraiser \(Stawnychy's/Mundare Sausage\)](#)
- Staff Appreciation
- Mabel's Labels
  - Go to [mabelslabels.ca](http://mabelslabels.ca)
  - Click on Support a Fundraiser and search for Friends of Sister Alphonse Academy (St. Albert)
  - Friends of SAA earns 20% on these sales.

### How can I get involved or Find out more?

Our group needs the support of the school community! We encourage support of fundraisers, welcome donations and volunteer assistance throughout the year.

Please contact [FriendsofSAA@gmail.com](mailto:FriendsofSAA@gmail.com) any time! You can also find us on the Sister Alphonse Academy website. Click on the Friends link for more information regarding our **Friends of SAA Easter Fundraiser**.

### St. Albert Parish News

#### Fish Fryday

The very popular Fish Fryday will be back before the Way of the Cross on Friday, March 6 and March 27. Mark your calendars! Please join us during our special season of Lent as we combine faith and fellowship in our wonderful parish community.

#### The Way of the Cross Every Friday

Beginning on Friday, February 28 we will be able to experience the Stations of the Cross in the main church at 7 pm. Each Friday will have a different theme to help with the meditation as we move throughout the devotion.



#### Ministry Training

Please be advised that altar server training will be happening for new altar servers at 12pm on Sunday, March 8th. There will be training for new greeters (and existing greeters who missed the training in the fall) on March 22nd at 12pm.

#### Lenten Retreat – Mark your Calendars

This year's Lenten retreat will take place on: March 30 (Liturgy of the Word), 31 (Reconciliation), and April 1 (Mass). All services will be at 7pm in the church and will be led by Fr. Jarek Pachoki. Watch the bulletin for more details.

Click on the [SAP Parish Link](#) to access the weekly bulletin for **St. Albert Catholic Parish**.

### Holy Family Parish News

#### PARISH LENTEN EVENTS

Enhance your lenten journey by attending Soup and a Bun and Stations of the Cross every Friday in Lent, followed at 6:45 pm by the Stations of the Cross. All are welcome to join the parish community for one or both of these events.

#### WORLD DAY OF PRAYER

The World Day of Prayer is a global ecumenical movement led by Christian women who welcome you to join in prayer and action for peace and justice. The theme is "Rise! Take Your Mat and Walk" (based on John 5:2-9a). The women from Zimbabwe have prepared this year's service through art, music and prayer. In St. Albert, the World Day of Prayer will be held at Holy Family Parish on Friday, March 6th at 2:00 pm. Please join us for this service.

Click on the [HF Parish Link](#) to access the weekly bulletin for **Holy Family Parish**.

