



**St. Albert Family
Resource Centre**

GROWING STRONG TOGETHER

CHILD & YOUTH WINTER PROGRAMS (Ages 6-12)

EVENINGS:

JUNIOR EINSTEINS (Grades 2 to 6)

This fun and interactive science class is all about slime, lightning, magnets and explosions.

Date: Wednesdays, February 12th to February 26th, 2020; 3 classes

Time: 6:00pm - 7:30pm **Fee:** \$46/Members; \$61/non-members

DIY CREATIONS (Grades 2 to 6)

Is your child passionate about building or crazy about crafting? Well if so, this hands-on course will focus on giving them the building blocks they need to make marvelous creations out of anything

Date: Wednesdays, March 11th and March 18th, 2020; 2 classes

Time: 6:00pm - 7:30pm **Fee:** \$30.50/Members; \$40.50/non-members

JUNIOR ARTISTS (Grades 2 to 6)

Let your child explore their artistic side through painting, sculpting, doodling and much more.

Date: Wednesdays, April 8th to April 22nd 2020; 3 classes

Time: 6:00pm - 7:30pm **Fee:** \$46/Members; \$61/non-members

PD Days

SURVIVOR & MINUTE TO WIN IT(COMBO CLASS) (Grades 1 to 6)

Memory, coordination, patience & agility – let's put your skills to the test! This fulfilled full day programs gives participants the opportunity to work individually and in teams to complete a number of skill testing challenges.

Date: Friday, January 31st 2020 (Catholic School PD Day)

Time: 9:30am - 3:30pm **Fee:** **FREE**/Members; \$66/non-members

MESSTIVALS & SLUMBER PARTY (Grades 1 to 6)

Is your child passionate about building or crazy about crafting? Well if so, this hands-on course will focus on giving them the building blocks they need to make marvelous creations out of anything.

Date: Friday, March 13th, 2020; one class

Time: 9:30am - 3:30pm **Fee:** \$48.50/Members; \$73.70/non-members

HOME SAFETY (Grades 2 to 3)

This program will teach children all about staying safe when left at home with a babysitter.

Date: Friday, March 20th 2020; one class

Time: 9:30am - 12.00pm **Fee:** \$15/Members; \$27.50/non-members

STRANGER DANGER (Grades K to 1)

This interactive program will teach children all about staying safe around strangers.

Date: Friday, March 22nd 2020 (PD Day for both school boards); one class

Time: 1:00pm - 3:30pm **Fee:** \$15/Members; \$27.50/non-members

Teacher Convention

JUNIOR CHEFS & GYM CLASS HEROES (Grades 2 to 6)

Do you have a future Chef on your hands? Then have them join us for some crazy culinary creations! In the afternoon, we will release some energy and enjoy some classics (and not so classic) gym class games, such as: Dodgeball, Tag, Steal the Bacon, Noodle Poppers, and much more. We guarantee your kids will have fun and sleep great after this class!

Date: Thursday & Friday, February 6th & 7th, 2020; 2 classes

Time: 9:30am - 3:30pm **Fee:** \$97/Members; \$147/non-members

K to 1 FABULOUS FUN (Grades K to 1)

Children will love this perfect mixture of fun and imagination where they can expand their creative minds, explore, develop social skills as well as discover new ways to bond in a supportive peer environment.

Date: Thursday & Friday, February 6th & 7th, 2020; 2 classes

Time: 1:30pm - 3:30pm **Fee:** \$24/Members; \$44/non-members

Spring Break

MARCH MADNESS (Grades 1 to 6)

This Easter themed class will provide kids with a chance to explore baking, crafts, and active play.

Date: Monday, March 23rd 2020; one class

Time: 9:30am - 3:30pm **Fee:** \$36/Members; \$66/non-members

K to 1 FABULOUS FUN (Grades K 1) to

Children will love this perfect mixture of fun and imagination where they can expand their creative minds, explore, develop social skills as well as discover new ways to bond in a supportive peer environment.

Date: Tuesday to Thursday, March 24th, 25th & 26th, 2020; 3 classes

Time: 1:30pm - 3:30pm **Fee:** \$36/Members; \$66/non-members

WORRY TOO MUCH (Grades 1 to 3)

This program will teach your child successful ways to think about and manage their worries.

Date: Tuesday to Thursday, March 24th, 25th & 26th, 2020; 3 classes

Time: 10:00am - 11:30am **Fee:** \$37/Members; \$49.50/non-members

TAMING YOUR WORRY DRAGONS (Grades 4 to 6)

Through this class, children will learn about anxiety and formulate strategies to tame those worries

Date: Tuesday to Thursday, March 24th, 25th & 26th, 2020; 3 classes

Time: 1:30pm - 3:00pm **Fee:** \$37/Members; \$49.50/non-members

Be sure to check out our website calendar for a complete course description!

www.stalbertfrc.ca

Call 780-459-7377 to register or for more info!

2 - DAY CERTIFIED BABYSITTING COURSE



NOW AT ST. ALBERT FRC! PLEASE CALL TO REGISTER!

780-459-7377

COST: \$75 includes a workbook, course materials, graduation certificate

TIME: 9:00a.m. to 4:00p.m. each day

Students should be at least 11½ years of age to attend.

Bring pen, snacks, lunch, cloth diaper and/or tea towel, & doll to class.

Topics covered through role playing, group interaction, video presentation, and student research include:

- The Role of a Babysitter
- Child Development
- Caring for Children
- Positive Behavior Management
- Home Safety & Injury Prevention
- Fire Safety
- First Aid
- Final Examination