

Families gathered at SAA for Movie kNight last Friday. An enjoyable evening for all involved.



Students harvested 290 potatoes from our edible school yard gardens on Friday! They will be used to make creamy mashed potatoes when we cook together for our Thanksgiving Lunch in October!



Students and staff at SAA gathered together to ask God for his blessings on a new school year.





Students at SAA run for Terry and cancer research during the SAA Terry Fox Run. When they were done there were fresh oranges and the students pasted a sticker on the wall that displayed who they were running for. Thanks to the parents who volunteered during the event.



Grade 1 students at SAA were amazed to find out that geometric shapes are found everywhere in our world.



## School News - Take a look at what's coming up next week! Sept. 23 - 27

<b>Monday (23)</b>	Jr. Boys and Girls Volleyball Practice - 3:15 - 4:30 pm Emergency Evacuation Drill #2
<b>Tuesday (24)</b>	Jr. Boys and Girls Volleyball HOME GAME vs Joe Demko - 3:45 pm to 5:00 pm

<b>Wednesday (25)</b>	<i>Jr. Boys and Girls Volleyball Practice - 3:15 - 4:30 pm Emergency Evacuation Drill #3</i>
<b>Thursday (26)</b>	<b><i>Please have your child wear SAA Spirit Wear and/or blue and green on this day</i></b> <b><i>Mr. Sub Hot Lunch Day</i></b> <i>Jr. Boys and Girls Volleyball HOME GAME vs GH Primeau - 3:30 pm to 4:45 pm</i>
<b>Friday (27)</b>	<i>LockDown Drill #1</i>

### **Legacy Project Unveiling**

A reminder to those that have provided an RSVP to District Office. The Legacy project unveiling will begin tonight, September 19 at 6:30 pm.

### **No School K-8 on Friday, September 20**

A reminder that there is no school for students kindergarten - grade 8 as it is a Staff Meeting/PD Day. Staff will be reviewing school results, reviewing our school priority areas related to our main school goals, discussing Inquiry and Conceptual Understanding and having our regular monthly staff meeting. Thanks for supporting the PD/Staff Meeting model.

### **Our School Goals**

We have two primary school goals at SAA:

#### **Our Learning Goal - TO PROVIDE MULTIPLE PATHWAYS TO DEEP LEARNING**

- Fostering authentic relationships and connections with students and parents
- Differentiating instructional practices
- Learning Attribute Planning
- Leveraging Technology

#### **Our Faith Goal - TO BUILD A CULTURE OF FAITH AND SERVICE WHERE EVERY CHILD AND FAMILY FEEL WELCOMED**

- Continue to build and expand connections with parish, CSS and D&P
- School Chaplain will continue to work to build capacity with staff to know, model and witness Jesus Christ
- Continue to ensure that our faith is prominent within our school
- Develop further awareness of connections between our faith and spiritual beliefs/practices of Indigenous brothers and sisters

### **School Fees**

School Fees have now been approved and have been added to [School Cash Online](#). We would appreciate that you pay your children's school fees as soon as possible, the due date is Oct. 31/19.

Basic School Fee Gr. 1 - 8(\$68)

Kindergarten Full Day - \$33

### **Fall Deadline for ordering School Spirit Wear**

A reminder that the deadline is Friday, September 20. We will open the store again in mid-October with a deadline in early November.

### **Alberta Health Service Information**

Mr. Lamer met with our Public Health Nurse this past week. There are some important updates and reminders for parents that will help us work closely with our partners from Alberta Health.

#### **Important Information for Parents of Students in Grade 6 - School Immunization Program**

Sasha Schnitzler, Public Health Nurse from Alberta Health Services was here on Tuesday to speak to our grade sixes. The Antigen/Immunization presentation provided students with information and an opportunity to ask questions about the immunizations that will take place this year. An immunization consent package from Alberta Health Services was sent home with most children in grade six last Tuesday. Some grade six students who were not at SAA last year will receive the package in the near future. Please check your child's school bag for this package which contains information about the vaccines that your child is eligible for in the Grade 6 school based immunization program, along with a consent form for each vaccine. In order for your child to be immunized, each consent form must be signed and returned to your child's school by the date indicated on the envelope. For tips on preparing your child for immunizations, please refer to <https://www.immunize.ca/pain-management-children>. If you have any questions or concerns, please contact **School Health Nurse Sasha Schnitzler at (780) 460-4738**. In the past students were immunized in grade five but Alberta Health Services changed to grade six starting this school year. The Grade 6 Immunization dates at SAA are - Dec. 10/19, March 3/20 and June 10/20. Reminders for parents will be sent home closer to these dates.

#### **Important Reminders for Parents/Guardians of Children in Grade 1**

Please review your Grade 1 child's immunization records. If your child has not received their "preschool boosters" (given between 4 – 6 years of age) of Diphtheria, Pertussis, Tetanus and Polio (DTaP-IPV) and Measles, Mumps, Rubella & Varicella (MMR-Var) please make an appointment by calling Health Link (811). If you have any questions or concerns please contact your school nurse **Sasha Schnitzler, RN at 780-460-4738**. Thank you!



It a lousy topic but a very common one in virtually every school in North America. It's important to check your children's hair. Anyone who has hair can get head lice, they're not caused by being dirty and they do not spread disease or illness. They do spread by touching heads with someone who has head lice. They can sometimes be spread by sharing hats, hairbrushes and combs. For more information regarding detection and treatment click on the link.

#### Reporting Illness

It's very important that parents report to the school the reason for a child's illness. It helps us to provide up to date information for Alberta Health. Please ensure that you let the school know about any confirmed case of Chicken-Pox or Measles.

#### Picture Day - Icon Experience by Lifetouch

**Mark your calendars, individual student pictures will be taken on Tuesday, October 1.** The Bulletin next week will give you more information.

#### *Three Poses Minimum*

Who doesn't like more options? We have upgraded from a minimum 2 pose per student standard, to a minimum of 3. This will give the parents additional pictures to choose from and our photographers the ability to capture a little more of the student's personality.

#### *Complete Online Service*

We are proud to say we have a user friendly program which makes ordering online much more convenient to parents and guardians. Parents can view all the poses close up, compare the poses side by side, and change the background on pictures that were taken indoors on our virtual background. Each gallery is personalized to the student and secured with an online proof code.

#### *Online Order Forms*

Online order forms with step-by-step instructions will be provided for the school to distribute to students on photo day. Images will be available to view within 2-3 business days. Our online ordering system has a secure PCI compliant terminal and accepts, visa, mastercard, visa debit and pre-paid visa/mastercard. Parents who cannot order online will be directed to Icon Customer Service and we will provide an alternative ordering method.

#### *Family Discounts*

We have updated and simplified our family discount plan - 15% discount on all orders over \$75.00. This high volume plan will offer savings to everyone and not just families with multiple children. Code is: FAMILY19.

#### Emergency Drills Continue

We had our first Emergency Evacuation practice last Wednesday. Everything went well. We are planning to have a second and possibly third evacuation practice again this week as well as our first of two LockDown Drills and one On-Alert Drill. On-Alert is a procedure where all students and staff return to their classrooms, if kids are outside they come inside. Attendance is taken and normal classroom activities continue. It is used when there may be the possibility of severe weather in the area or perhaps there is an event in the area that may or may not affect our school. Sometimes we use On-Alert before implementing Hold and Secure or LockDown procedures. On-Alert is a procedure that tells staff to be ready for further instructions. Please be advised that we will always inform our students that we are executing a drill.

#### Junior High Stuff

On Wednesday morning, student leaders from St. Albert Catholic High School came to speak to Junior High students from SAA about the Communities of Hope Leadership Program. *Jr. High students in all Greater St. Albert schools are invited to consider participating in a program that attempts to develop their leadership skills and learn how to set and meet goals to improve their wellbeing and the wellbeing of others working alongside High School students. Students participating in the program would be cabbled to St. Albert High School on the following dates Thursday, September 26th, Thursday, October 24th, Thursday, November 21st, Thursday, December 19th, Thursday, Jan. 30th, Thursday, Feb. 27th, Thursday, April 2nd, Thursday, April 30th, Wednesday, May 20th and Wednesday, June 10th. All times are from 1:20 to 2:30 pm. Students must indicate their interest in being in the program by Monday, September 23. Permission forms would follow. Students would be responsible for catching up on any material missed at school while gone. On Thursday afternoons this would be during option classes. Please have your son/daughter let Mr. Lamer know on Monday if they are interested.*

#### Sponsorship Opportunities

One of our goals at Sister Alphonse Academy is to provide authentic learning opportunities for our students which we believe can lead to Deep Learning and Conceptual Understanding. Greater St. Albert Roman Catholic Separate School District No. 734 believes that the formation of educational partnerships or sponsorships from individuals, businesses, or community partners provides an opportunity for educators to work collaboratively with the community in an effort to support learning and growth opportunities for students in the District. Thus principals may work with partners or sponsors with the intention of assisting students with ongoing activities and/or events while ensuring that the primary goal for the partner or sponsor is to provide valuable resources.

Our school is looking for individuals, businesses, or community partners that would be willing to assist/sponsor some of the costs associated with providing our students with these incredible learning opportunities. Our staff has already applied and been accepted for some activities for next year but they are costly. These costs could include transportation and or registration costs. Our District Administrative Procedures allow for some public recognition of sponsors via newsletters,



banners, etc. If we have individuals, businesses or community partners that would like to discuss this opportunity please call Mr. Lamer at SAA at your earliest convenience.

### **Dropping Off of Students at School**

We would like to thank you all for dropping your children in the student drop off zone along Joyal Way and parking in the visitor parking lot when you come to the school. This helps ensure safety for all children and ensures traffic flows as it was designed. We appreciate your cooperation. We are currently exploring the idea of adding the AMA Safety Patrol program to our school. We have also included Seven Tips for Safer School Zones from the AMA.

Back to school time means: lunches to pack, kids to dress, homework to finish, all before rushing out the door. It also means setting a good example of safety on the way to and from school, by following these school zone safety tips.

### **Avoid School Parking Lots**

Poor visibility and cramped spaces make parking lots dangerous for drivers and pedestrians. Please respect 'No Parking' signs and encourage your kids to walk around, rather than cut through. Always slow to a crawl and be aware of small pedestrians when backing up. Even if there are visitor spots available, play it safe and park a block away to cut down on congestion.

### **... And School Bus Zones**

Trying to park a school bus full of excited children is hard enough at the best of times. Buses have big blind spots and poor manoeuvrability, which is why we put the bus loading zones as close to the school as possible. Parking in the bus zone, even for a few moments, just adds to the congestion. When passing buses on foot stay at least five steps back from the bus and stay extra alert for pedestrians when driving by.

### **Point, Pause, Proceed at Crosswalks**

Play show and tell with your kids – *tell* them how to cross safely using the Point, Pause, Proceed method, then *show* them you mean it by setting a good example. Use the crosswalk, cross at the corner, and make eye contact with drivers. Make sure the vehicle stops before stepping off the curb. Lead the way and watch your children follow!

### **Extra Attention in Drop-Off & Pick-Up Zones**

The morning rush and after school pick-ups are the busiest times for teachers, parents, kids, and drivers. Minimize the risk by parking down the block and stretching your legs. Remember the sign with the stick child chasing the ball? Scan between parked cars, avoid bus zones, don't stop near crosswalks or let passengers out in the middle of the road. Avoid jaywalking and illegal u-turns. Help reinforce the safety message by leaving a few minutes early and taking your time.

### **Drive Distraction-free**

By now we all know that being distracted behind the wheel can net you a [pretty hefty fine](#). But did you know that around one out of every three collisions is due to driver distraction? Set a great example by staying focused, keeping your hands on the wheel and your eyes on the road. The same rules apply to pedestrians too — teach your kids to put the phone away, avoid headphones, and always be aware of their surroundings, especially around moving vehicles.

### **Don't Idle**

When the weather is cold, it can be tempting to keep the motor running during pick-up time. But cold weather is particularly bad for vehicle exhaust, which lingers close to the ground where children breathe, triggering asthma attacks. Unnecessary idling also wastes fuel and is hard on your engine (not to mention the environment) – the best way to warm up a vehicle is to drive it. Let's follow our children's lead and help protect the environment by never leaving a vehicle running in a school zone.

### **Set a Respectful Example**

Instead of pointing fingers, we want our students to join hands and come up with solutions to school zone safety challenges. When cyclists, drivers, and pedestrians share the responsibility and look out for each other, everyone stays safe. We've all heard the expression "Do as I say, not as I do," but it's time to start walking the talk in school zones. From obeying speed limits and no parking zones, to hopping off our bikes at crosswalks, and making eye contact with drivers, setting a good example teaches our children be safety leaders.

Learn more about simple everyday practices that can make a big difference. Visit [WayToBe.ca](#) for games and tools to teach your children school zone safety skills.

### **Paid Lunch Supervisor Required**

We are looking to hire another Lunch Supervisor at SAA. Please email [glamer@gsacrd.ab.ca](mailto:glamer@gsacrd.ab.ca) if you are interested. The position would involve working two - three days a week from 12:00 to 1:00 pm at SAA. The main duty would be to provide supervision indoor and outdoor during the lunch break Successful candidates would need to provide a child and criminal welfare check. In addition the ideal applicant would have the following characteristics:

- Comfortable in working with children at a variety of ages
- Training in Basic First Aid
- Enjoy working in a collaborative team environment
- Positive, enthusiastic attitude
- Committed to Catholic/Christ Centred values and beliefs

## St. Albert Parish News

### **Sacramental Preparation**

If your child is in grade 2 or above this September 2019, they are eligible for the Sacrament of Reconciliation (Confession) and the Sacrament of First Eucharist (First Communion). Our registration nights were on September 18 and 19 from 6:30-8pm in the parish hall – select any of the nights. Please bring a copy of your child's baptism certificate as well as the \$55 registration fee. If you missed the registration evening please call the Parish office. At least one parent must attend with their child during the sessions. You can find the other dates for sacraments on the parish website. If you have any questions, please contact Darryl.Tymchuk@caedm.ca or the parish office.

### **The Good News from Our Parish – EXPO 2019 Comes Right after Welcome Back Weekend!**

Our annual Parish Expo – the event at which we put on display all of our many ministries, organizations and activities - is taking place on Sunday, September 29 following the 11 am Mass. Come downstairs to the Parish Hall following Mass and tour the booths and learn about our parish. You can chat with members of our Music Ministry, the Catholic Women's League, other Liturgical Ministries and many more. Maybe you would like to volunteer to be a Greeter or a Lector. Does one of your children want to be an Altar Server? Are you interested in joining one of our groups? Representatives of every ministry and group will be there to chat with you and help you decide if you would like to volunteer.

### **Bible Study**

Are you're wondering if there's more to life than just "getting by" and are ready to focus on what really matters, then discover the extraordinary Catholic teaching known as the Theology of the Body. This 8 week study will be beginning on October 9th in the Church basement. Registration is \$23. Please sign up at the back if you are interested, contact Darryl at the parish or email Darryl.Tymchuk@caedm.ca. Future dates will be Oct 9 and 23, Nov 6 and 20, Jan 8 and 22, Feb 5, 12, (and 19th if needed).

### **Welcome Back Weekend - Sept. 21-22**

-Albert's Diner Potluck at 6:00pm on Saturday, September 21. There will be dancing, music, soda and popcorn for all in attendance.  
-Muffins and Tea after 9:00 am Mass on the 22nd.  
-Soup and a Bun after 11:00 am Mass on the 22nd  
Wine and Cheese Reception after 6:00 pm Mass on the 22nd.

### **Altar Server Training**

Altar serving training for current or new young people who have received First Holy Communion will take place Sunday, September 22 at 12:30 pm or Tuesday, September 24 at 7:00 pm

### **SAP Youth Coordinator**

Rebecca Sakowich is our new Youth Ministry coordinator and she looks forward to working with our parish youth starting this month. Follow SAPY on Twitter and Instagram & Like us on Facebook @SAP4Youth. Here are some upcoming events:

### **SAPY Birch Bay Trip**

Once again, youth gr 4-12 are invited to partake in a fun-filled day of horse-back riding, zip lining, archery, and more at Birch Bay Ranch. We'll depart around 8:00am on **Saturday, Sept. 28<sup>th</sup>**, and return by 3:00pm.

-Cost to participate is \$15/person or 6 SAPY points.

-The cost includes the Birch Bay activities and a provided BBQ lunch. Watch for information on how to register on SAPY social media, or for the sign up sheet at the back of the church next weekend! Please register by Sept. 22<sup>nd</sup>. Event is dependant on a minimum of 12 participants and max of 60. Contact Rebecca @ [Rebecca.sakowich@caedm.ca](mailto:Rebecca.sakowich@caedm.ca) for any questions or to register.

Click on the [SAP Parish Link](#) to access the weekly bulletin for St. Albert Catholic Parish.

## Holy Family Parish News

Click on the [HF Parish Link](#) to access the weekly bulletin for Holy Family Parish

