

Our boys and girls Knights volleyball teams were in action at the Saville Centre last weekend. They both played well and the boys managed to place third in the one day tournament. Check out the nice new uniforms!



Students at SAA get in the spirit on Mismatch Day and also found out what House Color team they will be a part of during the school year. John S. was declared the SAA Rock, Paper, Scissor Champion at SAA, defeating Mrs. Shmyr in the final.



A big congratulations to all our runners in grades 4-6 who participated in a Fun Run at Joe Demko School on Wednesday. They were all great knights cheering each other on and working so hard! Well done!



Students at SAA enjoyed the Welcome Back Lunch (sub, drink and chips) as one of the culminating activities to our Spirit Week. They also gathered in their House Color teams for one last Spirit Week Assembly.





Students at SAA continue to explore the Inquiry question, "What do I need to learn?" At our Spirit Week Assembly teams broke up into House Color teams and big leaders taught little ones something new.



School News - Take a look at what's coming up next week! Sept. 16 - 20

Monday (16)	Check Backpack - Family Information Cards Sent Home Jr. Boys and Girls Volleyball Practice - 3:15 - 4:30 pm
Tuesday (17)	Year Opening Liturgy@9:00 am (Parents welcome) Term 1 Options Begin Jr. Boys and Girls Volleyball Practice - 3:15 - 4:15 pm
Wednesday (18)	Emergency Evacuation Drill -(weather permitting) Jr. Boys and Girls Volleyball HOME GAME vs VJM -3:30 to 4:45 pm Registration for First Communion and Reconciliation at SAP (see below)
Thursday (19)	Please have your child wear SAA Spirit Wear and/or blue and green on this day Terry Fox Run@ 10:00 am - Children are encouraged to bring in a loonie/ toonie or \$5 donation. Donations can be made online(see below) Legacy Project Unveiling@6:30 pm - RSVP HERE Registration for First Communion and Reconciliation at SAP(see below)
Friday (20)	No School K-8(P.D./Staff Meeting Day) Last Day to Order Round 1 Spirit Wear

Family Movie kNight - Friday September 13

Join us this evening. Doors open at 6:00 pm and the movie Aladdin begins at 6:30 pm. Bring your own snacks and chairs/blankets. We expect the movie to run until about 8:30 pm. There is no cost for this family event. School Council will have a "silver collection" for the Terry Fox Foundation.

No School K-8 on Friday, September 20

Just a reminder that there will be no school for students kindergarten - grade 8 as it is a Staff Meeting/PD Day. Staff will be reviewing school results, setting our school goals, discussing our writing program and having our regular monthly staff meeting. Thanks for supporting the PD/Staff Meeting model.

Emergency Evacuation Drills

We will begin practicing our emergency procedures this week(weather permitting). We will always notify our students that we are running a drill. As per District Administrative and Hour Zero Emergency Procedure we shall complete five school led Emergency Evacuation drills(Fire Drills), two Lockdown drills, two On-Alert drills, one Hold-Secure drill and one Shelter-In-Place drill during the year . If you require more information about our emergency procedures, please do not hesitate to call the school.

Opening School Liturgy

Parents and friends of SAA are invited to attend our School Opening Liturgy on Tuesday, September 17. We shall give thanks to God for a wonderful start to the school year and ask for his blessings throughout the school year. Some of our 7th Graders will be leading us in the liturgy.

Terry Fox Run

On **Thursday, September 19** students in Kindergarten to Grade Eight will be participating in the SAA Terry Fox Run. We are asking all students to bring in a donation of a loonie/toonie or \$5 for the Terry Fox Foundation, but any amount is welcome. Cheques need to be made out to the Terry Fox Foundation. Families can also donate online by clicking on the [SAA Terry Fox Link](#). Students will be running shortly after 10:00 am. The students will be running a short circuit in the community. PM kindergarten students will run on their own during the afternoon.

We require parent volunteers to help with the event. Call the school on Monday or email Mrs. Kleparchuk - lkleparchuk@gsacrd.ab.ca. **We would like 10-12 volunteers, four will be needed at about 9:30 am to help prepare snacks and 5-6 to be at the school at about 9:50 am to help supervise kids on the running route.** Be sure your child is dressed comfortably to run. Thanks for your help. After the run oranges will be served to students. We hope that students will wear their SAA gear or blue/green clothing.

Order Hot Lunches Via School Cash

You may now go ahead and put in orders for special hot lunches, milk tags and lunch cards via [School Cash Online](#).

The next hot lunch day is Mr. Sub, on Thursday September 26th, deadline is on Sept. 18th.

There were some questions about snack shack & milk cards at school council the other night. The parents suggested including some more details in the bulletin along with pictures of the snack shack/milk ticket cards.

SISTER ALPHONSE ACADEMY SNACK CASH CARD \$10.00		
\$1.00	\$1.00	\$0.50
\$1.00	\$1.00	\$0.25
\$1.00	\$0.50	\$0.25
\$1.00	\$0.50	\$0.25
\$1.00	\$0.50	\$0.25

NAME: _____
SAA IS NOT RESPONSIBLE FOR
LOST CARD

SISTER ALPHONSE ACADEMY SNACK CASH CARD \$5.00		
\$1.00	\$0.25	\$0.25
\$0.50	\$0.25	\$0.25
\$0.50	\$0.25	\$0.25
\$0.25	\$0.25	\$0.25
\$0.25	\$0.25	\$0.25

NAME: _____
SAA IS NOT RESPONSIBLE FOR
LOST CARD

2019 - 2020 Sister Alphonse Milk 25 Coupons for \$20.00

Milk Coupon Sister Alphonse Academy	Milk Coupon Sister Alphonse Academy	Milk Coupon Sister Alphonse Academy	Milk Coupon Sister Alphonse Academy	Milk Coupon Sister Alphonse Academy
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The snack shack cards come in denominations of \$5 and \$10. Your child's name is on the card and your child can keep it in their lunch kit or keep it home for "special days". This allows your child to get an occasional item from the snack shack without having to send in any money to school. There are a variety of items ranging from 50 cents to \$2. (chips, jello cup, goldfish crackers package, veggies & dip in a cup, to pizza pop, nachos & salsa) Occasionally we have specials of the day that get announced the day prior (hot dogs, grilled cheese, pizza slices) so your child may let you know. We try to have a range of items but there may be limited quantities on any given day. The milk is delivered to the classrooms daily (unless we run out of milk near delivery dates) and the students hand in one pink milk coupon for a chocolate or white milk. If you would prefer your child to have white milk only please write this on the ticket. There are many life skills that are taught through the snack shack (waiting in line, using manners, patience and self-control (to not spend the whole card amount at once), many parents have allowed their child to have one card per report term and they use this to buy a treat occasionally.

If you have any questions about the snack shack please contact Mrs. Kleparchuk kleparchuk@gsacrd.ab.ca or your child's homeroom teacher. The teachers were extremely helpful with the students learning how to use the snack shack cards and letting parents know if there would be a "special item" the next day.

School Fees

School Fees have now been approved and have been added to [School Cash Online](#). We would appreciate that you pay your children's school fees as soon as possible, the due date is Oct. 31/19.

Basic School Fee Gr. 1 - 8(\$68)

Fieldtrip and Special Activity Fees

Last year our School Council indicated that parents would rather see pay as you go fees rather than term fees for Field Trips and Special Activities. This year we shall charge parents for Field Trips and special activities prior to the event and expect payment before the actual event.

Family Information Card

On Monday, September 16 the youngest or only child in the family will be bringing home a Family Information Card. Please list all the names of children that attend SAA on card and have your child return it to the school when you have completed all information.

SAA Spirit Wear

We have now entered into an agreement with Sportfactor to provide our school with Spirit Wear. We are hoping that parents will once again consider purchasing SAA Spirit wear for your children. If you choose not to do this we would ask that you consider having your child(ren) wear blue or green on our Formal/Spirit Wear Days. Generally, this is every Thursday during the school year but check our calendar for dates. Clothing will be ordered online and then delivered to the school. The first clothing order deadline is **September 20**. Click on the [Spirit Wear Link](#) to begin ordering. Click on the [clothing inventory link](#) to see what can be ordered.

Used SAA Spirit Wear Clothing Swap/Sale

Have your children grown out of their SAA clothing? If you would be interested in swapping or selling your Spirit Wear that is in good condition please contact Mrs. Jillian Bourgeois at jillbmail@gmail.com. If there is enough parent interest she may coordinate a sale during an upcoming school event.

Crashing at the End of September or Early October

Your child has started school and seems to be doing very well. You were worried about their start and everything seems to be going OK. Then the end of September rolls around and you notice that they are having mood swings, upset in the mornings and just plain cranky. You may even start having difficulty getting them up for school or not wanting to leave home. This is a common occurrence for some students. Part of it is just being tired, the month of September is a big deal and the start of school can be very exhausting. Once again it's important to reassure your child, ensure they are getting plenty of rest and keep focusing on the things they can look forward to in the coming months. If you are seeing these things at home let your child's teacher know as well. Home and school can work together to help them through it.

Thanks Mr. and Mrs. Dewald!

On behalf of all the students, staff and parents at SAA we would like to thank Mr. and Mrs. Dewald for their generous donation of another beautiful stained glass piece for the front entry of our school. It is a picture of Jesus and the caption below it will read, " Let the children come to me. " Matthew 19:14. This now completes the front entrance as their first stained glass piece is found on the opposite side. We treasure this gift to our school.



Picture Day - Icon Experience by Lifetouch

Mark your calendars, individual student pictures will be taken on Tuesday, October 1. More information will be coming. Here are a few exciting changes that ICON has made to the program for the benefit of all.

Three Poses Minimum

Who doesn't like more options? We have upgraded from a minimum 2 pose per student standard, to a minimum of 3. This will give the parents additional pictures to choose from and our photographers the ability to capture a little more of the student's personality.

Complete Online Service

We are proud to say we have a user friendly program which makes ordering online much more convenient to parents and guardians. Parents can view all the poses close up, compare the poses side by side, and change the background on

pictures that were taken indoors on our virtual background. Each gallery is personalized to the student and secured with an online proof code.

Online Order Forms

Online order forms with step-by-step instructions will be provided for the school to distribute to students on photo day. Images will be available to view within 2-3 business days. Our online ordering system has a secure PCI compliant terminal and accepts, visa, mastercard, visa debit and pre-paid visa/mastercard. Parents who cannot order online will be directed to Icon Customer Service and we will provide an alternative ordering method.

Family Discounts

We have updated and simplified our family discount plan - 15% discount on all orders over \$75.00. This high volume plan will offer savings to everyone and not just families with multiple children. Code is: FAMILY19.

School Council News

Thanks to the twenty-six parents who attended our Annual General Meeting and School Council Meeting on Wednesday, September 11! We would like to thank the following parents who have volunteered to take on these positions:

SAA School Council Executive

Chairperson - Mrs. Karla Bergstrom

Vice Chairperson - Mrs. Christine Hoskins

Secretary - Mrs. Jill Bourgeois

SAA School Council Committee Coordinator

Compassionate Friends Coordinator - Mrs. Nicole Kluthe

Partners in Prayer Coordinator - Mrs. Amber MacNeil

Staff Appreciation Coordinator - Mrs. Christine Hoskins

Volunteer Coordinator - Mrs. Lindsay Martyna

Fundraising Committee Coordinator - Mrs. Kristi Rouse

Halloween Dance Coordinators - Mrs. Brandi Aguilar & Mrs. Francine Nolan

At our September meeting we established the dates for our meetings throughout the school year. Generally they will occur every 3rd Wednesday of the month at 6:30 pm in Room 1049. Thanks to the parents who have taken on Council Executive positions and Coordinator roles. Mrs. Karla Bergstrom reviewed the 2018/19 School Council Report and then we had a brief report from Trustee Serena Shaw.

Mr. Lamer reviewed current enrolment. Our school has seen a growth of 75 students, including a doubling of enrolment at the ECS level. He briefly reviewed the role of School Council. It's primary role is to support the school in its mission and goals and to advise the Principal on various matters regarding this. Mrs. Kleparchuk briefly reviewed Snack Shack and Special Lunch days.

We have decided to have a Halloween Family Dance, please mark your calendars for the date of Friday, Oct. 25. Our Council will continue to work towards forming a Fundraising Society and we are grateful to Mrs. Rouse for stepping forward to lead this. The popular Bunny pictures will return this spring and we are also happy to announce that Mr. Tom Untergasser will also be doing Santa pictures sometime during Christmas Spirit Week. We are hoping to build upon a very successful 1st year for Council and look forward to working with all families for a very successful year two! For more information regarding School Council please check out our School Website under the Parents tab. **Looking for another way to connect with other parents at SAA? Search Facebook for the "Sister Alphonse Academy Parents" page and request to join. This is a page for parents and caregivers to share ideas, ask questions and stay informed.**

St. Albert Parish News

Sacramental Preparation

If your child is in grade 2 or above this September 2019, they are eligible for the Sacrament of Reconciliation (Confession) and the Sacrament of First Eucharist (First Communion). Our registration nights are on September 18 and 19 from 6:30-8pm in the parish hall – select any of the nights. Please bring a copy of your child's baptism certificate as well as the \$55 registration fee. At least one parent must attend with their child during the sessions. You can find the other dates for sacraments on the parish website. If you have any questions, please contact Darryl.Tymchuk@caedm.ca or the parish office.

SAP Youth Coordinator

Rebecca Sakowich is our new Youth Ministry coordinator and she looks forward to working with our parish youth starting this month. Here are some upcoming events:

SAPY Birch Bay Trip

Once again, youth gr 4-12 are invited to partake in a fun-filled day of horse-back riding, zip lining, archery, and more at Birch Bay Ranch. We'll depart around 8:00am on **Saturday, Sept. 28th**, and return by 3:00pm.

-Cost to participate is \$15/person or 6 SAPY points.

-The cost includes the Birch Bay activities and a provided BBQ lunch. Watch for information on how to register on SAPY social media, or for the sign up sheet at the back of the church next weekend! Please register by Sept. 22nd. Event is

dependant on a minimum of 12 participants and max of 60. Contact Rebecca @ Rebecca.sakowich@caedm.ca for any questions or to register.

SAPYouth Night & SAPYouth Jr. Night

Fall youth nights will begin on **September 12 from 6:30- 8:00**. Following the Kick Off there will be 2 separate groups according to age. SAPYouth are youth grades 7-9 and will meet on Sept 12, Oct 3, Nov 21 & Dec 12 from 6:30- 8:00. SAPYouth Jr. are youth grades 4-6 and will meet on Sept 12, Oct 8, Nov 26 & Dec 12 from 6:30- 8:00.

SAPY Contact

Follow SAPY on Twitter and Instagram & Like us on Facebook @SAP4Youth.

Welcome Back Weekend - Sept. 21-22

-Albert's Diner Potluck at 6:00pm on Saturday, September 21. There will be dancing, music, soda and popcorn for all in attendance.

-Muffins and Tea after 9:00 am Mass on the 22nd.

- Soup and a Bun after 11:00 am Mass on the 22nd

Wine and Cheese Reception after 6:00 pm Mass on the 22nd.

Altar Server Training

Altar serving training for current or new young people who have received First Holy Communion will take place Sunday, September 22 at 12:30 pm or Tuesday, September 24 at 7:00 pm

Are you a First Responder?

We are looking for those who respond to emergency situations on a regular basis. His Grace, Archbishop Richard Smith will be having a listening session on September 16th from 6-8pm here at the church. The Archbishop would like to hear about the challenges that you encounter as first responders. Dinner is included. Please contact Darryl at the Church office if you would like to participate or email

Darryl.Tymchuk@caedm.ca

Click on the [SAP Parish Link](#) to access the weekly bulletin for St. Albert Catholic Parish.

Holy Family Parish News

Stewardship Fair

The Stewardship fair is a visible celebration of the life of the parish. The goal for our Stewardship Fair is to celebrate the many ways that we are using our talents and gifts to reflect God's love and to help others find a place of joyful service. It is an opportunity to showcase all the activities, services, ministries and groups that are living their Baptismal call and building up the Kingdom of God in our parish and the community.

Our 2019 Stewardship goal is to tap into the time, talents, treasures and tongues of parishioners, so that they have ample opportunities to share their "4Ts" in service to our parish and to the community at large. As part of the Stewardship fair, the 'Sign-up Sunday' is being planned to help both existing and new parishioners to discern their call to serve the parish by serving in lay ministries.

Lay Witnesses: living witness of stewardship by parishioners

(September 14/15)

Stewardship Fair: sign-up Sunday with opportunities to visit Minis-try fair booths and enjoy refreshments, prizes and dialogue with your fellow parishioners (September 21/22)

Prayerfully discern what special skills and talents God might be calling you to share in our parish or community. Take the opportunity to sign-up and serve God and His family through parish lay ministries. Thank you for sharing your time, talents, treasures and tongues to make Holy Family Parish the fertile soil in which we can all bear good fruits and a great harvest!

Click on the [HF Parish Link](#) to access the weekly bulletin for Holy Family Parish

